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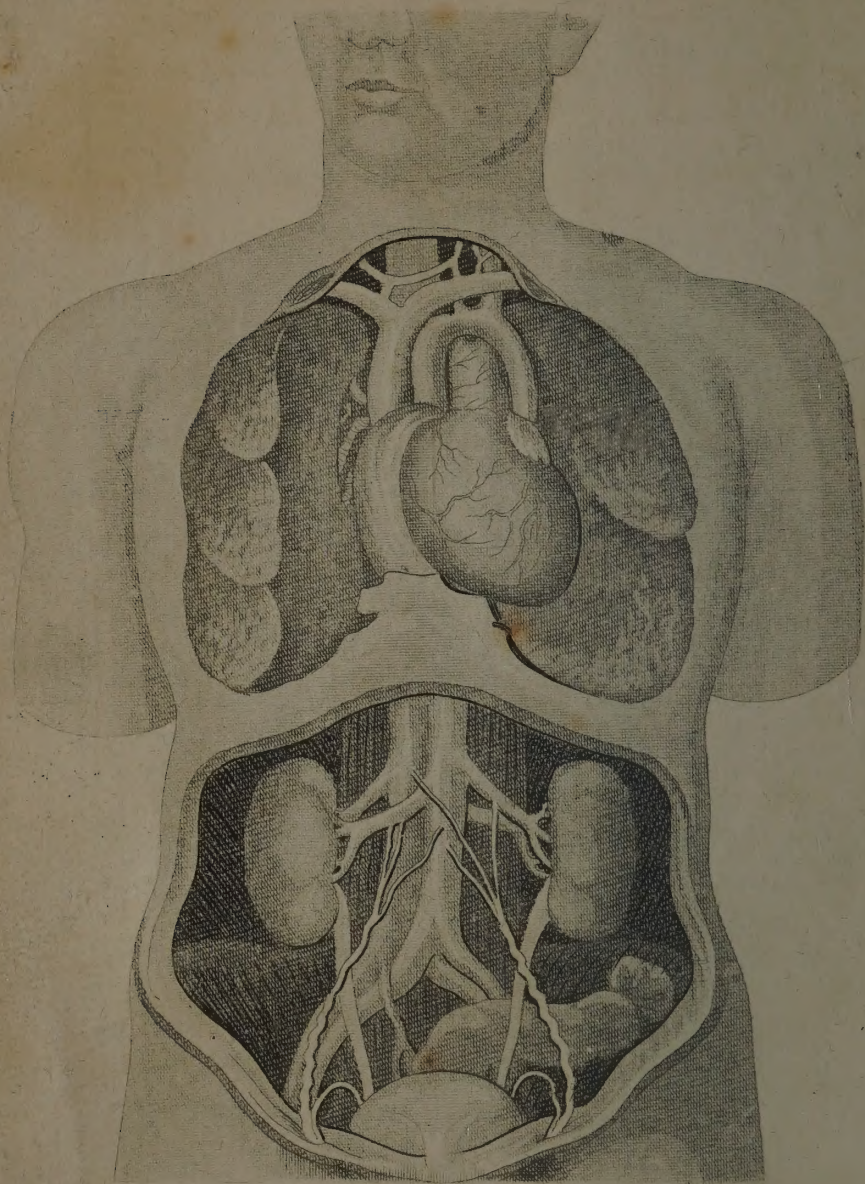
By Robt. Jacob Jordan, M.R.C.S. ?

He lived at the address given (1860)
[see p. 14].



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JORDAN, R. J.



FRONTISPIECE .

*A sectional view of part of the Thoracic & Abdominal Viscera.
of Man.*

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VITA VITALIS:

A Medical Work,

EXPLANATORY OF THE

CAUSES, SYMPTOMS, AND TREATMENT

OF

SPERMATORRHŒA

AND OTHER

URINO-GENITAL DISEASES,

RESULTING IN

DEBILITY AND PREMATURE DECAY

IN

YOUTH, MATURITY, AND OLD AGE,

AND

CONSEQUENT IMPEDIMENTS

TO

HEALTH, MARRIAGE, AND LONGEVITY.

BY A

PHYSICIAN,

&c. &c.

(REGISTERED UNDER THE NEW MEDICAL ACT.)

LONDON:

PUBLISHED AT 19 BERNERS STREET,

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INTRODUCTION.

THE young plant in its state of nature often requires tending and pruning, for evil is often attendant upon good, Nature giving the thorn to the rose, and the tares with the corn. To man is left the duty of relieving the good, teaching him the lesson, that he must labour with the sweat of the brow his mother earth. Since we are sure of the existence of the evil, it becomes our duty to root it out, by all means, legitimate and direct, or if needs be, indirectly : a greater one may even require a lesser one to be employed ; a limb often having to be sacrificed for the preservation of the body.

Fathers, tutors, instructors, all ye who have the care of the rising generation—ye to whom the future welfare of all is entrusted—seek to restore that tone which existed morally, as well as materially, in the population of England some six or seven generations

back. Throughout that chain of ancestry, every successive father and mother have transmitted to their offspring a fainter bloom, a more delicate and briefer beauty, a slighter physical frame, and a character of less force and solidity than their own. Life's stream has become attenuated, and the cause of all this lies in an insane vice being practised in secret and unrestrained.

Your path lies open; act in concert; set aside all false delicacy, and "spare not the rod." Give your advice orally: if not convenient, let this work be left so that a perusal may be made: underline those passages you think best suited to the reader. Shape it as you like, but let not a young and ardent imagination be allowed to enter on the career of life without a mentor, if it be but the mute monitor of this work. Methinks I hear objections raised, such as, "What! place a book of this kind in the hand of my son, and show him all these pictures?" etc. And pray why not? The reading of the medical part will give him—a knowledge which will not alone lift up his soul with awe to his Creator, but will also teach him the

wisdom of using the precious gifts of heaven in moderation, from the certain assurance that ill and fatal consequences must ensue in recklessly abandoning himself to his passions. Ere ye censure this work, sift its spirit, and if there be one word which would tend to aught save to the benefit of health and morality, I would erase it from the page, and deem that word a blot which would fix a stain on that profession of which I have the honour of being a member.

In reading over all the diseases consequent on immoral intercourse, he will at once find the truthfulness of the assertions made, the pains to be expected, with the certain penalty for transgressing the code of laws instituted by divine authority. The remarks, and further original matter, will but show him that "though distance lends enchantment to the view," a closer inspection removes the ideal, and reality discovers the chasm beneath the illusive covering.

In order to catch elephants, a large pit is dug, over which branches, grass, and shrubs are placed, so as to appear like a continuation of the ground; the scream of the female elephant is then caused to be heard, when a number of

the species listen and follow the sound. The ill-fated animals, unaware of their danger, attempt to pass, and fall in the trap laid for them by their captors.

And shall it be allowed that the pitfalls of vice and disease shall remain unnoticed by those whose duty it is to guard the inexperienced? Surely the conscientious man, who knows the existing evil, cannot, nay, will not dare withhold that knowledge, which sooner or later must be acquired in the mixed society of the world's school. Masturbation, that great cause of evil, entails diseases both numerous and varied, and as calamitous as mortal. This evil is believed by many to be a "sealed book," but daily experience proves the contrary. Paul said, "To the pure all things are pure;" but where the mind is imbued with vicious thoughts, the sacred volume itself may administer to the morbid feelings, and poison be extracted from the purest of sources. There are three classes of beings. I grant that one of these will pursue the path of rectitude, nor diverge from their moral perception, which seems to be innate, whilst an equal number may, in opposition to

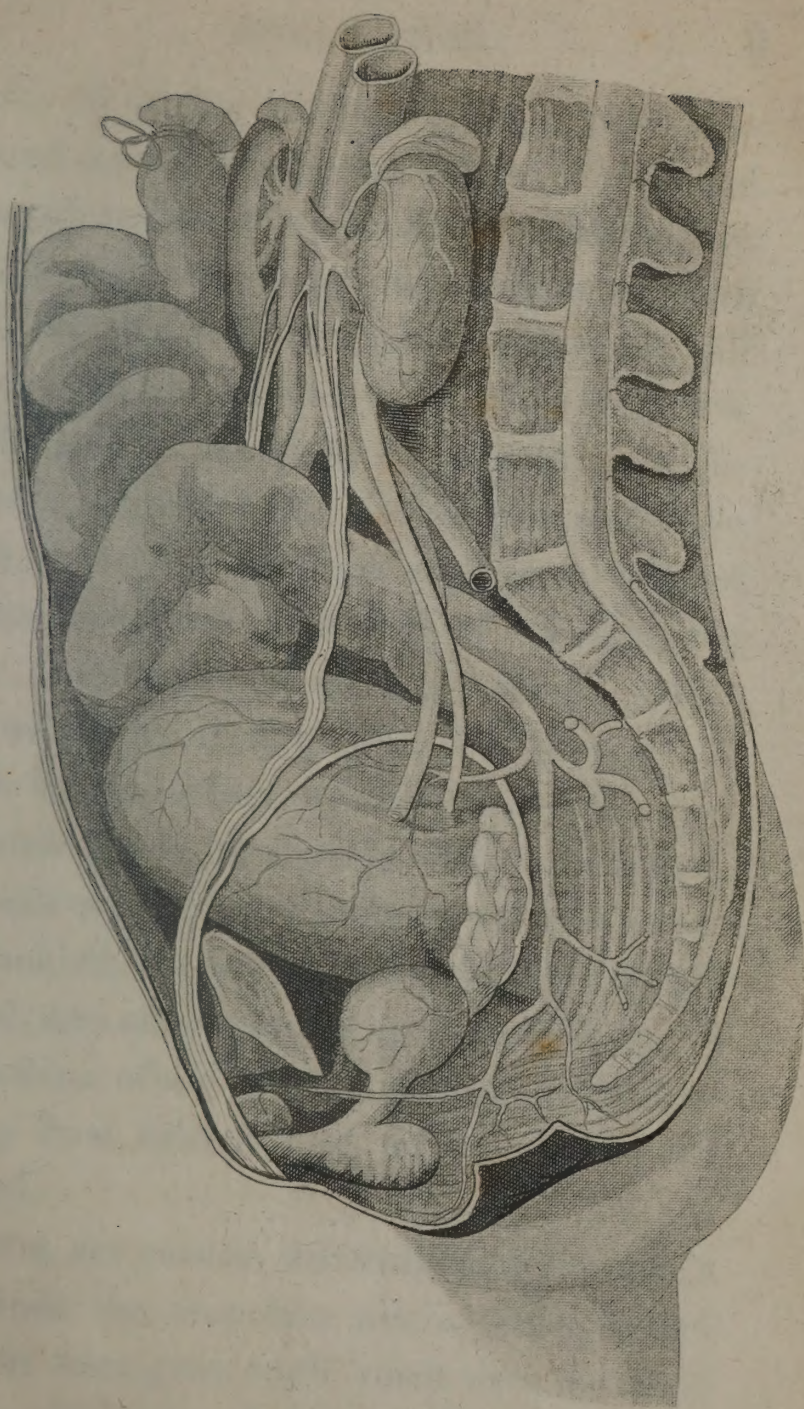
precept and example, pursue the broad road of evil, becoming to their fellow-creatures warning beacons and examples. They seem indeed to be the willing victims fated to perdition. Upon the two former little effect will be produced, since the good will remain firm to their purpose, and the vicious continue in that career into which their insane passions have thrown them. But a great duty is left to be performed towards the last, the great majority, who may be led right or wrong, according to the ways pointed out by those with whom they are in daily intercourse. It is for the wavering, the gentle, confiding, who look up to others for guidance; for those who feel within themselves a necessity to have some one to tell them how to act; and, possessing passions stronger than they can well command, require not alone the advice of the moral instructor, but also have need, over and above, of the art of the medical man, that he may prescribe for them a mode of living, to regulate their diet, their manner of sleeping, and even their amusements. It was to escape from their passions and exciting causes that the ascetics of former days sought the se-

cluded caverns and dwellings, far from the haunts of man, and were saved by being surrounded by the works of nature, whilst offering up their prayers to nature's God. Paul says, in Corinthians, chapter 7, relative to the continency of man, "If they cannot contain, let them marry: for it is better to marry than to burn." Here, then, is a remedy. If, at a proper period of life, certain desires make themselves felt, men should not remain single; for it is to the excessive number of bachelors may be ascribed that of unfortunate and degraded women. They are in exact proportion to each other. The female sex at present outnumbers that of the male, and it need not be added, that if celibacy on the male part is continued, women must become that which is the plague-spot of society. Conjugal infidelity, domestic grievances, diseases transmitted, separations, divorces, and even murder, are the consequence of man's incontinency. If man was first tempted by woman to taste the forbidden fruit, he has made her feel the punishment, and retaliated by being her tempter and tyrant ever since. But God punishes the oppressors, and man in his turn

becomes the victim of his own actions. Matrimonial love is a spark of heavenly fire, which shines ever pure and bright, as when it leaves its native region. This love is the centre to which converge all physical sensations, and which, uniting with the sentiments derived from the Divinity itself, gives a foretaste, an idea of immortality.

Nature has assigned to this exquisite and virtuous passion (designed to be the means of perpetuating human life) all the animal sensations of the body, combined with the sentiments of the soul. This love presents, not only the nature of our wants, but the instinct of our misery, producing protection, assistance, confidence, support, repose, and all the sublime instincts which elevate man above humanity. Innocence, candour, sincerity, modesty, generosity, heroism, holy faith, are all felt and expressed by those who possess this sublime passion, assuming in the soul the characters of religion and virtue. A happy pair exchanges the tender vow of everlasting affection: lost at times in a religious feeling, they consider each other as beings of a superior order. In

the widely-extended universe they behold no other felicity but that of living and dying together ; or, rather, they have lost all sight of death. Holy love transports them into ages of infinite duration, and death seems to them only the transition to an eternal union. Even when destiny separates them, little consolation can be afforded them by friendship or fortune : they had tasted heavenly joys, and languish on earth long after their separation. When age even has frozen up the current of sense, after having been distracted by numberless anxieties foreign to the heart, the bosom still palpitates at sight of the tomb which contains the object once so purely and tenderly loved. It is to the charms of virtue, and the sentiment of her divine attributes, love is indebted for all that enthusiastic energy, the cause of so many glorious deeds which crowd the page of history. All the works of nature have for their end to supply the wants of man, and all the sentiments of man should have for their principle, the Deity. Nature has given to man the knowledge of nearly all her works, whilst the instinct of the Deity renders man superior to the laws of na-



Aside view of part of the Abdominal Viscera, in section.
Man.

ture. It is this instinct, I hope, which has caused me (as it has done others) to write and disseminate a truth which must be made known; and, though censure may fall at times on those who are free from this insane passion, it will more often bring home the truth to the hearts of the guilty. Better by far to write conscientiously, and with truth, and the pen scathe the flesh, than gloss over and seek to mystify an authenticated vice from fear of offending the over fastidious, who, perhaps, would screen themselves by a disavowal, and thus try to prove its non-existence in their unbelief.

Truth cannot be denied; truth is immortal, and will ever claim pre-eminence: sent as a boon to mankind, she cannot lie long hidden; though naked, and often required to be clothed to suit the fashion of the day, her rule on earth, emanating from heaven, must be attended to and obeyed.

There are certain moments in every man's life when the unspoken vow is made, called forth by some great truth which does not come by reasoning or reflection, but bursts on the mind as if by inspiration. Though circum-

stances sometimes prevent the fulfilment of the heart's fondest wishes emanating from the soul's immortal fire, the desire remains ; the vision is ever present, shining forth in all its native beauty and splendour.

Thus did the great evil strike me, after a case which will be mentioned in the course of this work, and I at once followed the inward impulse, and have, ever since, made those diseases my principal study. I have not regretted the decision I came to, and I trust that my future success may be as complete as the past has proved.

It is hoped that the present work may be read with soberness of mind and great attention, not skimmed, for there is not a word written down without its purposed end. The non-professional understanding cannot at once grasp all the technicalities, "the fruit of ages." Yet "seek, and thou shalt find;" whilst remembering that "knowledge is power." The present subject requires all our attention, being the one of all others that will force itself on our knowledge at one time or other, when least expected, and when, perchance, too late to

be of service. A danger known and met, is half conquered. Would that by hiding the vices of our natures we could free ourselves from their grasp, and cause them to loosen their hold on society at large. The one to which allusion is made is that of Onan, mentioned in the 38th chapter of Genesis, and there and then punished by the offended Deity with immediate death. There is a great meaning in being mentioned so distinctly and plainly, and in so early a portion of the Holy Book. Shall the Scripture speak a sentence to the world, and shall man evade the subject? Shall so great a sin be mentioned without an object? No; the proof of its existence is there authenticated, and the present age cannot lay claim to a greater share of morality than the past. The vice of Onanism (also called masturbation and self-abuse) has existed, continues, and will exist, spite of the vain efforts of hiding the facts. "The shame of man belongs to man: let an honest zeal prompt each one to take the evil as it stands, and let us serve our fellow men, by boldly standing forth with honest purpose and truthfulness."

Silence on a subject of such vital importance would be sinful; and can the medical man hesitate who stands pledged to perform the duties incumbent on his profession, which forms one of the three, "where the overburthened heart seeks for relief when too heavily oppressed?" The divine, doctor, and lawyer, are those to whom all must be confided if alleviation of trouble be sought.

The medical man has duties to perform, of a nature that require, in addition to his professional knowledge, charity, benevolence, patience, and, above all, discretion. He must become the recipient of all the secret thoughts and actions of his patient, and the very intimacy must produce a feeling of friendship, which links together the benefactor and benefited. Who can pourtray the inward satisfaction felt, when a fellow-creature has been restored to health, who seemed like a shadow of desolation, whose existence seemed on the point of termination. When such a being once more greets the loved ones, and presses the hand of the one who (under heaven's protection) saved and restored him,—it is then that the breast of the "friend

in need" may swell with inexpressible satisfaction at the victory gained, when art has conquered, and nature once more resumes her interrupted course; when restored vigour of mind and body returns the prerogatives vice had usurped; when that duty, ordained and allowed (by the Scriptures), becomes a pleasure; and the joy of a second self gives sublimity to a passion shared with the animal creation; when the future is lit up by the brightness of the present, and the pure spirit of love hovers in mercy, and protects with its wings, man, the favoured being for whom all was created.

When the hope of a family has been restored, when the young regain their original vigour, and the aged are allowed to taste the joys nature (ever bountiful) grants; when eye meets eye, and the pressure of the hand speaks a mute language words could not express; it is then that the medical man feels proud and happy at the task performed; it is then he reaps the richest harvest the mind of man can crave in this nether world; it is then the hour is blessed when a determination was formed and executed

which tended to the one great object sought by all, a guide to health and happiness, so eloquently and laconically expressed in the sentence of "life worth living for," translated from the Latin "VITA VITALIS."

19, BERNERS STREET,
OXFORD STREET,
LONDON,
W.

IMPORTANT CAUTION.

In order to prevent the dangerous consequences ensuing from the treatment pursued by unqualified pretenders to medical skill, the Patient should, preparatory to placing his health, and consequent future welfare, in jeopardy, insist upon an examination of their claims.

The Author, a duly qualified and registered Member of the College of Physicians and Surgeons of England, etc. etc., deems it a duty, in justice to his fellow-practitioners, to distinguish himself from those who advertise titles derived from unknown sources, and consequently not registered.

Until the London Medical Registration Association shall have caused a cessation of the nefarious practice pursued by the present empirics of the day, each English qualified medical man must avail himself of those means left at his disposal, to prove his legitimate position.—Vide Medical Register for names of duly qualified members.

GUIDE TO HEALTH.

THE MALE ORGANS OF GENERATION

are the testes, with their appendages, the vesiculæ seminales, prostate gland, Cowper's gland, the penis. The TESTES are inclosed in the scrotum: the SCROTUM is composed of the SKIN, DARTOS, INTERCOLUMNAR FASCIA, CREMASTER, FASCIA TRANSVERSALIS, the TUNICA VAGINALIS SCROTI.

The SKIN of the scrotum is of a thin substance, and of rather a brown colour, and slightly covered over with hairs; on all sides continuous with the surrounding integuments, or coverings, the veins of the scrotum may be easily seen through it. Sometimes these veins are opened when the testicles are diseased. On the mesial line of the scrotum is the RAPHE, produced by a thickening of the integu-

ments; it is continuous with the raphe of the perineum behind, and is lost anteriorly in the under surface of the organ.

The DARTOS is a thin layer of pink contractile fibres lying beneath the skin, surrounding each testicle, and uniting in the median line passing between the testicles, forming the SEPTUM SCROTI: by some this part is supposed to be of vessels only: its use is to support the testicle and corrugate the scrotum. Cold is its peculiar stimulus. The dartos is considered by many to be a continuation of the superficial fascia of the abdomen.

The INTERCOLUMNAR FASCIA extends downwards upon the chord from the external abdominal ring, where it is most evident; it then descends in a more slender form, spreading out upon the scrotum.

The CREMASTER muscle, with its fibres connected together by cellular tissue, forms the cremasteric fascia, passing down from the lower border of the internal oblique and sometimes transversalis muscle, in the shape of loops on the chord, as low as the lower part of the testicle and scrotum. Its use is to sustain and raise

the testicle, and even slightly to compress the same. Where there is an old hernia or rupture, the fibres are much increased in size.

The FASCIA TRANSVERSALIS, OR INTERNAL INFUNDIBULIFORM, as some authors call it, passes down upon the spermatic chord, and expands over the scrotum, between the cremaster and tunica vaginalis. This structure, together with some sub-peritoneal reticulated tissue, passing down on the chord, forms the FASCIA PROPRIA of Sir Astley Cooper.

The TUNICA VAGINALIS is a serous sac, enclosing each testis, separated from each other by the SEPTUM SCROTI, formed by an inward reflection of the dartos and cellular tissue in the mesial line. The tunica vaginalis was, in the first, a process of peritoneum, brought down by the testis in its descent from the abdomen. Before the seventh month this gland is lodged on psoas muscle below the kidneys. It then begins to descend along the inguinal canal, and finally passes into the scrotum, where it is usually found at the birth, or immediately after. The process of the peritoneum, which descends with the testis, becomes generally closed, at its

upper part, by adhesive inflammation, by which the lower portion is cut off from the general peritoneal surface, thus forming the sac of the tunica vaginalis. Should this obliteration not take place, a congenital hernia may be formed by the descent of a hernia into the tunica vaginalis, or a congenital hydrocele. The tunica vaginalis surrounds the testis, except at its upper and back part; it is then reflexed on the sides of the epididymis, forming a cul-de-sac on the outer side, between the testis and epididymis, from which it ascends, to a short distance, on the lateral and anterior surfaces of the chord: from the chord it passes off and lines the inner surface of the scrotum. The layer of the tunica vaginalis which covers the testis is called the TUNICA VAGINALIS TESTIS, and that which lines the scrotum, the TUNICA VAGINALIS SCROTI. This membrane is lubricated by a thin serous fluid, which allows of the free motion of the testis. It is often the seat of the disease called hydrocele.

The semen is secreted by the minute branches of the spermatic arteries in the testicles. It passes through the TUBULI SEMINIFERI into the

VASA RECTA; contained in the rete testis, the semen passes by the VASA DEFERENTIA into the CONI VASCULOSI, forming the head or GLOBUS MAJOR of the epididymis, then through the body of the epididymis into its lower part, called GLOBUS MINOR, or CAUDA, in the convoluted *vas deferens*. The vas deferens opens with the VESICULA SEMINALIS into the urethra.

Each TESTIS, or testicle, is oval-shaped: that with its long axis directed obliquely downward, backward, and inward, whilst its upper extremity is turned a little outwards, is the larger; its outer surface is convex, and its inner flattened; its posterior, or upper part, is covered by the epididymis, and is perforated by the vessels of the gland. The testis possesses two coats, an outer, partial one, as described, from the TUNICA ALBUGINEA, resembling the sclerotic coat of the eye, is of a bluish-white colour, and is composed of fibres interlaced together in all directions; from its inner surface several processes pass backward to the corpus hyemenarium, forming the MEDIASTINUM TESTIS. The inner surface of the tunica albuginea is lined by numerous vessels, forming a TUNICA VASCULOSA.

The interior of the testis is composed of a soft reddish-gray pulpy substance, formed of a number of small vessels, the *TUBULI SEMINIFERI*, loosely connected by cellular tissue: these are collected into bundles, separated by the processes which are sent off from the inner surface of the tunica albuginea. From these bundles about fifteen or twenty tubes pass, directly backward, to the posterior part of the gland, and are called the *TUBULI RECTI*: they enter the mediastinum testis, and then, running between the two layers of the corpus hyemenarium, form from the upper part of this structure from ten to fifteen vessels, under the name of *VASA DEFERENTIA*, perforate the tunica albuginea, and enter the upper part of the epididymis, where they become tortuous, and receive the name *CONI VASCULOSI*, which unite ultimately into one tube, and form the *VAS DEFERENS*, which, being convoluted, descends, forming part of the *GLOBUS MAJOR* and the whole of the *GLOBUS MINOR* of the epididymis.

The *EPIDIDYMIS*, applied to the upper and back part of the testis, is composed of a *HEAD*, or *GLOBUS MAJOR*, or upper extremity, a *BODY*

or central portion, and a TAIL, or GLOBUS MINOR, which forms its lowest extremity: from this the vas deferens escapes, and, turning upwards, ascends along the inner side of the epididymis, and enters the spermatic chord: a small tube, like an appendix vermiformis, terminating in a cul-de-sac, is sometimes found attached to the vas deferens in the situation of the globus minor. This is known by the name of VAS ABERRANS.

The testis is supplied with blood from the spermatic artery. This vessel arises from the front of the abdominal aorta, a little below the venal artery: from this it descends outwards, in front of the psoas muscle and ureter, and behind the peritoneum, enters the internal abdominal ring, and is conducted by the spermatic chord to the upper and back part of the testis, where it perforates the gland, and divides there into numerous branches, which terminate in the vascular coat of the testicle. The spermatic veins ascend from the testis, in the spermatic chord, in the lower part of which they wind round the spermatic artery, forming a plexus, the CORPUS PAMPINIFORME: they afterwards become single, and terminate in the vena cava

on the right side, but in the venal vein on the left. The spermatic plexus of NERVES arises from the venal plexus, the splanchnic nerves, and some filaments from the lumbar gangliæ of the sympathetic; they soon join the spermatic vessels, and descend with them to the testis. The lumbar plexus also sends a few branches to the spermatic chord and scrotum.

The SPERMATIC CHORD is thus formed of the veins, nerves, absorbents, and excretory duct of the testis, the vas deferens, deferential artery, united by fine cellular tissue, and enclosed in the TUNICA VAGINALIS of THE CHORD, the degenerated portion of the peritoneum, and covered by the cremaster muscle. The vas deferens lies posteriorly in the chord, which it leaves at the internal abdominal ring: it here hooks round the epigastric artery, passes inwards, backwards, and downwards across the psoas muscle and external iliac vessels, sinks into the pelvis, passing over the ureter and umbilical artery, applies itself to the false lateral ligament of the bladder, by which it is conducted to the inferior fundus of the organ, whence it runs forwards and inwards along the

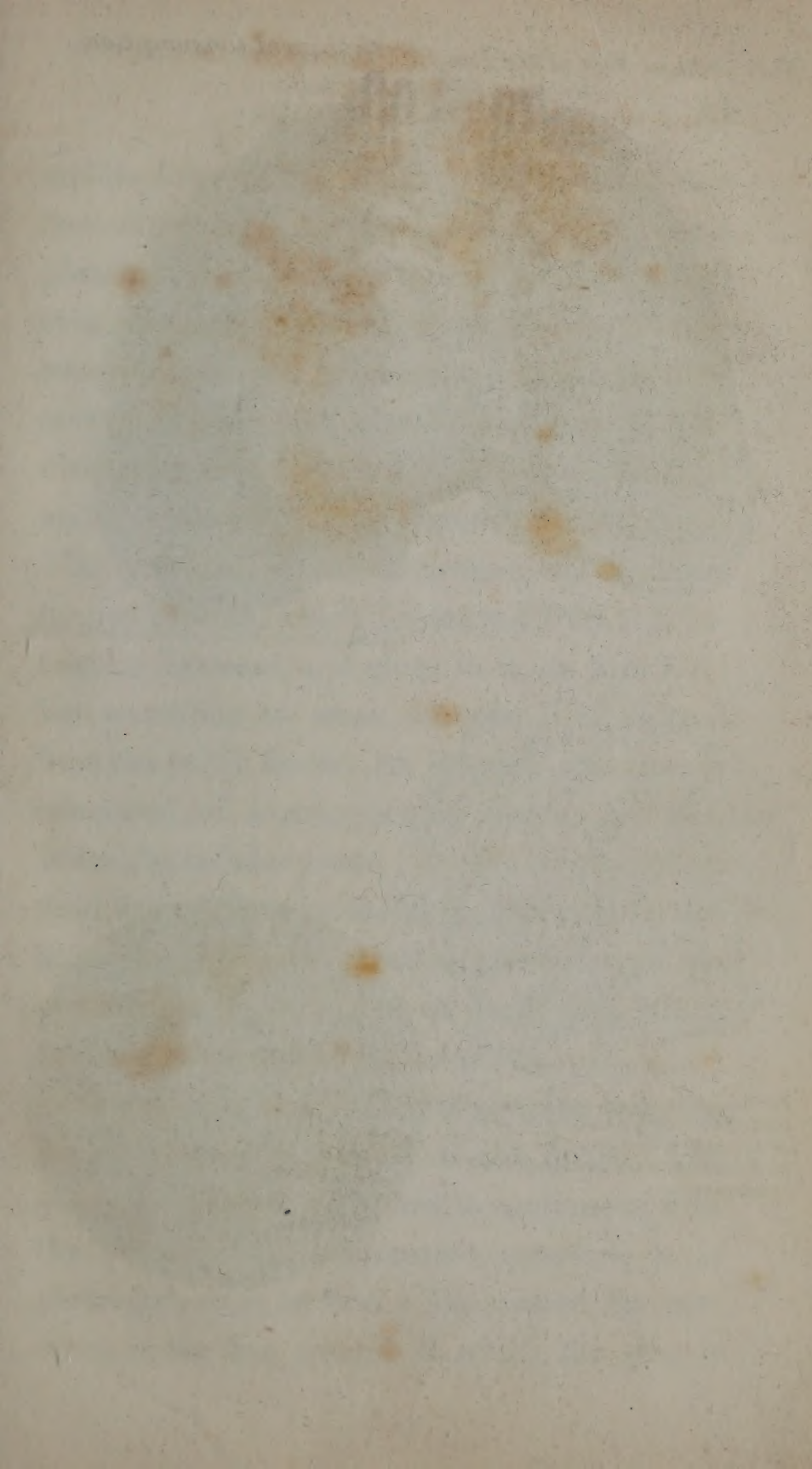
inner side of the vesicula seminalis, and, at the base of the prostate gland, terminates, by joining at an acute angle the duct of the corresponding vesicula, to form the DUCTUS EJACULATORIUS COMMUNIS, which, running forwards and inwards through the substance of the prostate gland, opens on the anterior part of the verumontanum. The vas deferens is composed of two coats, an external fibrous and an internal mucous: the fibrous coat is of great strength, and gives to it the feel of whipcord: its cavity is exceedingly small. The vas deferens is flattened and sacculated, where it is connected to the inferior fundus of the bladder; its fibrous coat does not penetrate the prostate gland.

The VESICULÆ SEMINALES, two in number, are attached to the inferior fundus of the bladder, where they lie, one on each side, parallel and external to the vas deferens: they are about two inches in length, convoluted, oblong, and pyriform in shape: the larger extremity is obtuse, and turned backwards and outwards: their smaller extremity, directed forwards and inwards, terminates in a duct, which

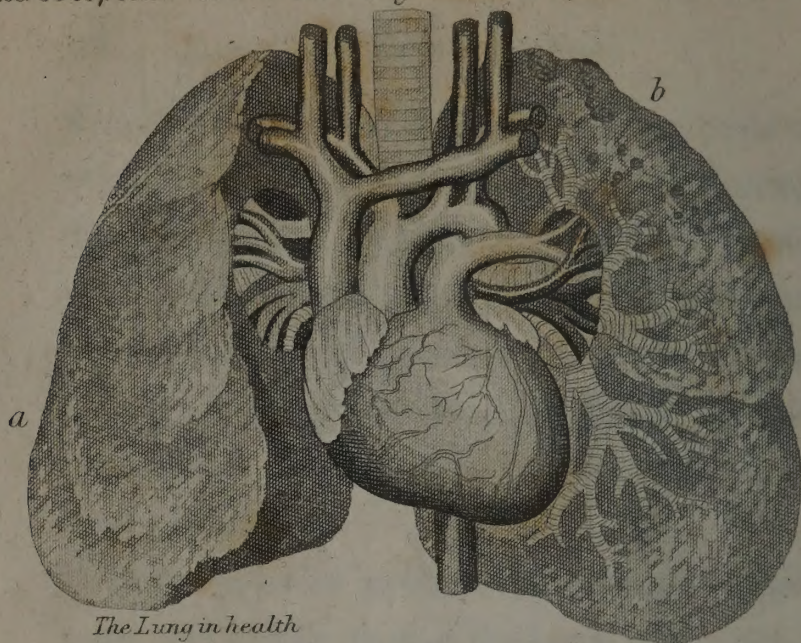
forms, with the vas deferens, the DUCTUS EJACULATORIUS COMMUNIS, as just described. Each vesicula, when unravelled, is found to consist of a single convoluted tube, with numerous short lateral pouches communicating with it. It is composed of an external fibrous or condensed cellular coat, and an internal mucous membrane.

Their interior presents a sacculated appearance, not unlike that of the large intestines, the sacculi being smaller, but more distinct. Their use is to contain the semen, and probably also to secrete a peculiar fluid, to assist in the process of generation. They form, with the vasa deferentia, the lateral boundaries of the triangular space, through which the bladder is sometimes punctured from the rectum.

The PROSTATE GLANDS surround the neck of the bladder and prostatic portion of the urethra, which passes through it, nearer its upper than its lower surface, one third of the gland only being ABOVE the canal. This gland is somewhat heart-shaped: the base, turned backwards, is notched in the centre, where the common ejaculatory ducts penetrate, separated by the

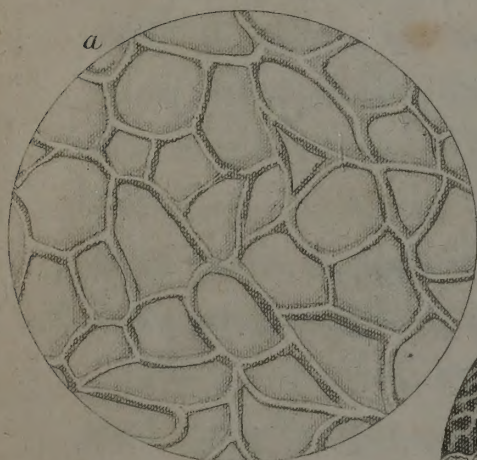


Microscopical View of the Lung under incipient Consumption



The Lung in health

Commencement of Consumption in the Lung



Portions of the Lung Magnified 250 diameters shewing in b, the formation of Tubercles which cause the difficulty in Breathing in the commencement of Consumption.

middle lobe of the gland. The external surface of the prostate gland is surrounded by a plexus of veins, chiefly formed from the dorsal vein of the penis. It is usually described as consisting of two lateral lobes, and a small connecting inferior third lobe (HORNE's lobe). This division is very arbitrary and indistinct. The under surface of the gland rests on the rectum. The prostate gland is covered by a dense fibrous capsule, which is derived from the triangular ligament, and gives to it its firm feel; but according to some authors, it is derived from the pelvic fascia: its internal structure is composed of a congeries of mucous follicles, united by cellular tissue. Its use is to secrete a fluid supposed to be useful in generation: this is conveyed into the urethra by means of numerous ducts, about ten on each side, which open on each of the verumontanum.

The coverings of the PENIS are the skin, superficial fascia, and fascia of the penis. The SKIN is thin and loose, and is continuous with the surrounding integument: anteriorly it is prolonged, so as to form a fold, named the PREPUCE, at the free margin of which the skin is

reflexed on itself as far as the corona glandis: it thence covers the glans penis, where it is continuous, at the orifice of the urethra, with the mucous membrane; beneath this opening it forms a fold, the *FRÆNUM PREPUTII*. The *SUPERFICIAL FASCIA* lies beneath the skin; it is loose and reticular, and is derived from a continuation of the superficial fascia of the abdomen, which descends from the pubes, or the dorsum of the penis, forming the *FALSE SUSPENSORY LIGAMENT*; anteriorly it is continued into the prepuce. The superficial fascia of the penis communicates freely with that of the perineum and abdominal parietes: hence effusions of serum, urine, &c., pass freely into its cells.

The *FASCIA OF THE PENIS* is a dense layer of cellular tissue, which invests the body of the penis, and is derived from the *TRUE SUSPENSORY LIGAMENT*, a triangular fibrous structure, which descends from the margins of the arch of the pubis on the penis, inclosing between the two laminae, of which it consists, the dorsal vessels and nerves of the penis.

The *BODY* of the penis is composed of the two *CORPORA CAVERNOSA*, and the *corpus*

spongiosum urethræ. Each CORPUS CAVERNOSUM commences by a narrow-pointed, or sometimes obtuse extremity, which is attached to the inner surface of the tuber ischii and rami of the ischium and pubes, whence, passing forwards and inwards, it terminates in the corpus cavernosum; this immediately unites with the corpus cavernosum from the opposite side; the two, thus united, pass forward, and terminate behind the glans penis in a blind obtuse extremity. The corporæ cavernosæ are covered externally by a dense fibrous, whitish, elastic membrane, of some thickness; this ends, on the mesial line, in an imperfect septum, the SEPTUM PECTINIFORM, which partially separates the two bodies, but at the same time allows a communication between their cells, particularly anteriorly. Numerous processes are given off from this coat to the interior, under the name of TRÆBECULÆ, to support and conduct the vessels. In the interior of this fibrous covering is an erectile spongy tissue, of a reddish colour, supposed by some to be composed of a congeries of arteries and veins; by others, of cells into which the blood is poured during the erection of the organ,

whence it is afterwards removed by the veins. A peculiar set of arteries, which terminate in dilated extremities (*HELICINE ARTERIES*), have been described by some. Between the corpora cavernosa, superiorly, a groove exists, in which the dorsal vessels and nerves of the penis run; a similar groove is seen on the under surface, in which is lodged the *CORPUS SPONGIOSUM URETHRÆ*. This body completes the penis, and has been described with the urethra; it is continued anteriorly in front of the extremity of the corpora cavernosa, where it expands and forms the *GLANS PENIS*; this body, conical in shape, is attached at its base to the anterior part of the corpora cavernosa by cellular tissue: it presents here a circular indentation, the *CERNIX*, in front of which is a projecting ridge, the *CORONA GLANDIS*: these parts contain a number of sebaceous glands, the *glandulæ odoriferæ*, or Tysion. The cells of the corpora cavernosa and corpus spongiosum urethræ do not communicate. The penis is supplied with blood by branches of the internal pudic arteries, as follows:—1st. *ARTERIE DORSALES PENIS*, run in the groove on the dorsum of the penis, and terminate by forming a vascu-

lar circle round the corona glandis ; 2d. ARTERIÆ CORPORIS CAVERNOSI, perforate the crura penis, and run forward on each side of and close to the septum pectiniforme ; 3d. ARTERIÆ BULBI VEL CORPORIS SPONGIOSI URETHRÆ, penetrate the bulb, and supply the corpus spongiosum urethræ. The veins of the penis pass backwards from the arteries, form a plexus round the neck of the bladder, and terminate in the internal iliac vein. The nerves of the penis are derived from the internal pudic, and accompany the arteries.

The erection of the penis is caused by the erectores penis muscles, which force the blood forward into the organ, and prevent the return of the venous blood. Dr. Houston of Dublin describes a pair of muscles the “compressores venæ dorsalis penis,” which, arising on each side from the ramus of the pubis, cross the dorsal veins, and thus are enabled to compress them, and so contribute to the erection of the organ.

In amputation of the penis the course of the arteries should be borne in mind, so as to enable the operator to secure the bleeding vessels with

ease. In hæmorrhages from the penis, the division, or tying of the dorsal arteries, or arteries of the bulb, sometimes becomes necessary.

COWPER'S GLANDS are two small bodies of the size of an ordinary pea, which are lodged between the layers of the triangular ligament, in the space between the membranous portion of the urethra and the bulb. Their exact use is unknown. They sometimes become inflamed in gonorrhœa, and thus give rise to abscesses in perineo.

THE FEMALE ORGANS OF GENERATION

are divided into the EXTERNAL and INTERNAL. The EXTERNAL PARTS are the MONS VENERIS, LABIA, CLITORIS, NYMPHÆ, VAGINA, and PERINEUM.

The MONS VENERIS is the projection in front of the upper part of the pubes: it contains some fat beneath the integuments, and is covered in the adult. The MONS VULVA, or pudendum, are terms often used as applying to the external parts taken altogether. The labia are folds of the skin, lined internally with mucous membrane, and within containing

some erectile and cellular tissue : where they unite posteriorly, an internal transverse fold of membrane is found, forming the **FOURCHETTE**. The **CLITORIS** lies within the vulva, between the labia, immediately below the mons veneris ; it is analogous to the organ in the male : it arises by two crura, one on each side, from the rami of the pubes, which unite to form one body, the **CLITORIS**, which, expanding in front, forms the **GLANS CLITORIDIS** : this is partially covered with a fold of the integument called the **PREPUCE**. The clitoris is erectile, but at the same time does not possess any canal. The **NYMPHÆ**, or **LABIÆ MINORÆ**, descend from the prepuce downwards and outwards, and are gradually lost near the orifice of the vagina. Between the nymphæ, having the clitoris above, and the orifice of the vagina beneath, is the external opening of the meatus urinarius, or **URETHRA**. This is about two inches and a half in length, and leads upwards and backwards, immediately above the vagina, into the bladder. The vagina lies beneath the preceding, and above the rectum ; it leads upwards and backwards to the extent of about four inches along

its upper surface, and six inches below, and terminates by surrounding the neck of the uterus, being prolonged farther on it posteriorly than anteriorly; it is lined internally by mucous membrane, which is uneven, and thrown into folds, chiefly in the transverse direction. It is generally partially closed in the virgin state, near its anterior extremity, by a crescentic fold of mucous membrane, concave upwards, named the *HYMEN*. The rupture, or gradual obliteration of this, leaves in the adult irregular projections, the *CARUNCULÆ MYSTIFORMES*. External to the mucous membrane, the vagina is covered with a fibrous membrane, on the exterior of which is the *PLEXUS RETIFORMES*, composed chiefly of veins, and supposed to be erectile. The vagina receives a partial covering of peritoneum, near to its attachment to the uterus.

The perineum in the female extends from the inferior commissure to the os coccygis; it contains analogous muscles to the male, viz. the sphincter ani, levator ani, coccygyæus, transversus perinei, and erector clitoridis. The *SPHINCTER VAGINÆ* muscle may be said to cor-

respond to the accelerator urinæ; it surrounds the orifice of the vagina, attached in front and superiorly to the clitoris, behind to the central point of the perineum.

The internal organs of generation are the UTERUS and its appendages on each side; the ligamentum teres, FALLOPIAN TUBE, and OVARY.

The uterus lies between the bladder and rectum: it is pyriform in shape, and is described as consisting of a fundus, body, and cervix: the larger extremity, or fundus, is free and rounded, and is turned upwards and forwards; from this the body contracts to its cervix, which is surrounded by the vagina. It here presents a small transverse slit, the OS UTERI, or os tinæ. The cavity of the uterus is small, and branches off at the superior and lateral parts into two lesser canals, which lead into the Fallopian tubes, all of which are lined by mucous membrane, covered by COLUMNAR and CILIATED epithelium. In STRUCTURE, the uterus is composed of a peculiar muscular tissue, non-striated, perforated by numerous vessels: no distinct striped muscular fibres can be demonstrated in it. The uterus is covered by peritoneum, ex-

cept where it projects into the vagina. This membrane forms on each side a large duplicature, the BROAD LIGAMENT of the uterus, which is reflexed from it on the sides of the pelvis; this ligament allows of the distension of the uterus during pregnancy, and contains within its folds the ligamentum teres, Fallopian tube, and ligament of the ovary, and ovary, in order, from before, backwards, on each side, together with the various vessels and nerves. The uterus is of service for the function of MENSTRUATION, and for the reception and nutrition of the OVUM.

During coition the uterus is supposed to open a little, and draw in the semen by aspiration; the Fallopian tube directs it to the ovarium; the contact of the semen determines the rupture of one of the ovarian vesicles, which in a few days passes into the uterus. Some authors imagine that it is not the semen that is carried to the ovarium, but only the vapour that exhales from it, or AURA SEMINALIS. Others think the semen is absorbed, and carried to the ovaria by means of the arteries. No theory yet started carries much probability with it.

The **LIGAMENTUM TERES**, or **ROUND LIGAMENT**, the most anterior, stretches from the fundus of the uterus forward and outward, descends along the inguinal canal, and terminates by spreading out in the labia. The round ligament, besides its peculiar fibres, is accompanied by some muscular fibres of the uterus, and arterial branches from the spermatic artery.

The **FALLOPIAN TUBE** is about three to four inches in length; it runs from the side of the fundus uteri, outwards and upwards at first, and then a little downwards and backwards, and terminates in a loose fringed extremity, the **CORPUS FIMBRIATUM**, in the posterior surface of which is a small opening, the **MORSUS DIABOLI**, by which the cavity of the uterus communicates with that of the peritoneum, and where the serous membrane is continuous with the lining mucous membrane of the genital organs. The canal of the Fallopian tube is small near the uterus, but increases a little as it approaches the morsus diaboli: through it the ovum passes into the uterus from the ovary.

The ovary is attached on each side to the fundus of the uterus by a round fibrous imperious chord, the ligament of the ovary, about

two inches in length. The ovaria resemble the testes somewhat as to size and shape: they are more irregular than these, and often present cicatrices on their surface. The ovary is covered externally by peritoneum, beneath which is a strong fibrous capsule, analogous to, but not so dense as, the tunica albuginea: within these, united by firm cellular tissue, named STROMA, and vessels, is a number of vesicles, the GRAAFIAN VESICLES, which contain the ova. These Graafian vesicles vary much in number, from fifteen to thirty, and sometimes more; they vary also as to size, those on the surface being the larger.

Each Graafian vessel is now described as containing an albuminous liquid, and a round little body, which is the real ovum, surrounded by two membranes, the external one VASCULAR, the internal one, named the OVI-CAPSULE, presenting an internal granular surface. When a Graafian vesicle is ruptured, its contents find their way into the uterus by the Fallopian tube, and its place is supplied by a new deposit, which, from the colour assumed, is named CORPUS LUTEUM.

Each little real OVUM is said to have its pro-

per membrane, MEMBRANA PELLUCIDA, containing the yolk; this yolk, composed of granular matter, contains the GERMINAL VESICLE, in which is found, by the aid of the microscope, an opaque spot, named MACULA GERMINATIVA.

The female organs are chiefly supplied with blood by branches from the internal iliac, viz. the vaginal and uterine. The latter, as also the uterine veins, become much enlarged during pregnancy. The ovaries are supplied by the spermatic arteries, which send branches to the uterus also, and are much enlarged by pregnancy. The nerves are divided from the sympathetic ganglia and from the sacral plexus.

Preparatory to mentioning some of the diseases the female suffers from, it may be observed that great care and attention should be given to the habits of young girls, since they share to a certain, though lesser degree, in a vice which, if adhered to, renders them barren.

The same symptoms, as a general rule, will mark the effects of such a calamity, for which remedies such as those prescribed for the male should be employed.

GONORRHÆA.—It will be necessary to ascertain the exact seat of the disorder, thereby ren-

dering the cure more easy and certain. VULVITUS may exist in the external parts, namely, the labia nymphae, meatus urinarius, or other adjoining parts, as also the *vagina*, and the canal of the cervix uteri.

There are many causes that will produce discharges, such as want of clean linen, disordered state of the urine, teething, and other forms of constitutional disturbance.

When the discharge is of clear viscid mucus, or of a tenacious alkaline mucus, containing round corpuscles, the cause may lie in a relaxed state of the organs of generation, where the subjects are weak, or where the mind is much affected. It should, therefore, be a subject of great care on the part of the medical man to distinguish between the last-mentioned causes and those proceeding from gonorrhœa, the discharge in the latter case being very great, with foetid odour, the parts swollen, pain in walking and in voiding the urine, excoriations also being present.

Should gonorrhœa be neglected, the most likely result will be a gleet, which may require much time ere a cure can be expected.

SYPHILITIC ULCERS are much less trouble-

some to the female than to the male, though requiring long time healing, particularly when the urine touches the diseased part. Should they, however, be seated high in the vagina, they may give little trouble, and scarcely be known to exist, except, perhaps, by a discharge, and then perceptible only on making use of the speculum.

IMPERFORATE HYMEN.—The hymen varies in different subjects: thus, in some it is of so slight a structure as to be rent by a violent fit of coughing or crying, while in others it has to be operated upon, when the whole is closed, causing the menstrual fluid to accumulate, and the uterus to distend.

Should the **CLITORIS** and **nymphæ** grow larger than the usual size, and thus become an inconvenience, removal can be effected by taking away the unnecessary part.

VARICOCELE.—Sometimes enlargement of the veins of the **LABIA** takes place, which forms a soft tumour, enlarging when the patient rises, and disappearing when lying down. This disease is very troublesome, and prevents exercise being taken.

PROLAPSE OF THE VAGINA.—In this disease there is a great amount of irritability in the bladder, and difficulty of voiding the urine. The motions also give pain; to which may be added other distressing symptoms. Astringent injections, baths, tonics, bandages, &c., will restore the patient to health.

THE FEMALE GENITALS externally may suffer from the following, such as **SUPERFICIAL LUPUS**, corroding ulcer, enlargement of the external parts, ulceration, thickened cutis, warts, &c.

There are many other diseases to which the female is subject, for which our limited space will not allow insertion. It should, therefore, be the duty of every husband to impart sufficient knowledge on this subject to his wife, to render her capable of judging from appearance, and answers made to well-timed inquiries, that her progeny is not suffering from any hidden cause. A certain degree of knowledge cannot but be useful, if only to place on their guard the loved ones entering on the scene of life. Knowledge of facts will and must eventually come and be met: better by far to get the advice of a medical man for a slight cause, than by

delay, to render difficult, that which at first would have been easy.

In America, anatomy forms part of the education of both sexes. It were well if the same were pursued in this country, the consequence of which would tend to elevate the mind with that proper feeling—wonder for the structure of our earthly frame, mingled with a due consideration of the care with which its preservation should be attended to, thereby preventing unnecessary strains on the nerves and muscles, made and adopted for purposes conducive to our health and well-being, too often destroyed, to say the least, by want of knowledge.

GONORRHŒA.

Gonorrhœa is a discharge of purulent matter from the urethra of the male, the vagina, nymphæ, &c., of the female, the consequence of a specific inflammation, induced by the contact of infectious matter. Gonorrhœa usually appears on the third or fourth day after its contact with gonorrhœal matter: it may, however, commence in a few hours, or not appear for

some weeks after. The first symptom of gonorrhœa is generally an itching at the orifice of the urethra; sometimes extending over the whole glans; sometimes its earliest symptom is the sensation of a few drops of urine being lodged in the urethra. A little fulness of the lips of the urethra is the next that will be observable; the glans becomes swollen, and the discharge commences. The itching changes into pain, more particularly at the time of voiding the urine. There is often no pain till some time after the appearance of the discharge and other symptoms; and in many gonorrhœas there is hardly any pain, even when the discharge is very considerable; at other times a great degree of soreness occurs long before any discharge appears. There is generally a particular fulness in the penis, and more especially in the glans. The glans has a kind of transparency, especially near the beginning of the urethra, where the skin becomes distended, smooth, and red, resembling a ripe cherry. The orifice of the urethra is, in many instances, excoriated. The surface of the glans itself is often in a semi-excoriated state, consequently

very tender, and it secretes, as also the inner surface of the prepuce, a kind of discharge. The stream of urine becomes smaller than usual, from the swollen state of the penis and the spasmodic contraction of the urethra, and is generally scattered and broken as soon as it leaves the passage: some bleeding occasionally occurs from the urethra.

As the disease advances, the discharge increases in quantity, and the scalding in passing urine becomes much aggravated; the patient complains of a soreness and pain, and uneasiness about the pelvis, scrotum, and perineum, and the testes often become tender. The constitution now begins to sympathise, and general fever appears. The discharge in gonorrhœa is at first of a thin serous character, it then resembles mucus, and finally assumes a purulent character: it is of a greenish colour, has a peculiar disagreeable smell, and stains the linen with a green colour. It proceeds at first from the anterior part of the mucous membrane of the urethra, one inch and a half of which only is engaged in the inflammation; this soon spreads, so as to occupy the whole of the canal and en-

gage the lacunæ. The mucous membrane is not ulcerated, unless in the aggravated form of the disease, the discharge proceeding from the surface of the membrane.

CHORDEE is characterized by a curved state of the penis during erection, attended with great pain, and frequently with a discharge of blood. It appears as one of the earliest attendants of gonorrhœa, and is caused by an effusion of lymph into the cellular tissue of the corpus spongiosum urethræ, which prevents the regular distension of the part.

BUBO is also an early symptom. In general a number of the glands in the groin become enlarged, the absorbents leading to them being also increased in size, and forming a thickened chord along the dorsum of the penis. It is SYMPATHETIC, AND RARELY SUPPURATES.

RETENTION OF URINE occurs during the inflammatory stage of gonorrhœa, especially where much irritability of the neck of the bladder has been present, and the disease has been treated on the irritating plan. The symptoms are extremely acute, and there is much constitutional disturbance present. In some cases the patient

is unable to pass any urine ; in others he gets rid of a few drops with much pain and suffering. Retention of urine from gonorrhœal inflammation may prove fatal, from the supervention of peritonitis.

ABSCESSSES sometimes are formed along the course of the urethra, or in the perineo, in severe cases of gonorrhœa. In the former, they seem to be caused by inflammation attacking the lacunæ, in which the abscess is formed, and then bursts in the urethra ; in the latter, Cowper's glands are generally affected : these may burst either into the urethra or in perineo, thus giving rise to a fistula in perineo. As these abscesses frequently cause retention of urine before bursting, an accurate examination is indispensable whenever they are suspected to exist.

HERNIA HUMORALIS (Testitis or Orchitis) appears in the advanced stages of gonorrhœa, when the discharge is rather of a gleety description, and is apparently about to disappear ; but it sometimes comes on earlier if irritating injections be employed. It has been much disputed whether this is a specific affection of the testis, or a purely inflammatory one. The latter

opinion is that generally received, the disease being attributed to an extension of the inflammation from the urethra, along the vas deferens, to the testis. The disease usually commences with pain in the course of the vas deferens, and some swelling and tenderness in the spermatic chord ; obtuse pains soon appear in the epididymis and testis, followed by acute inflammation in the parts. The pain now becomes more severe, and constitutional symptoms now supervene ; and, on examination, the epididymis and testis are found much enlarged, particularly the former, and are exceedingly tender to the touch. The testis retains somewhat of its natural shape, being flattened at the sides, and is exceedingly hard and tense, the scrotum becomes red, and its temperature is increased. Only one gland is affected at the time. There is pain in the course of the spermatic chord, extending to the lumbar region, general febrile disturbance, with nausea or vomiting.

Should this disease be neglected, the inflammation of the gland proceeds to suppuration, and an abscess is the consequence ; this by degrees bursts on the anterior part of the scro-

tum, when the matter, mixed with semen, is discharged, as also a portion of the tubular, or secreting portion of the gland: fungous granulations now form from the interior of the testis.

During gonorrhœa HÆMORRHAGE will take place. It is seldom serious, and is often the forerunner of the disappearance of the disease.

GLEET is a discharge of a thick mucus, which remains for a length of time, sometimes for months, after the acute symptoms of gonorrhœa has subsided. It in general depends on a relaxed condition of the parts.

PHYMOSIS and PARAPHYMOSIS are not unfrequently met with in connection with the early stages of gonorrhœa; they will be described under the head of venereal diseases.

STRICTURE OF THE URETHRA.

STRICTURE is an obstruction to the flow of urine through the urethra, caused by the spasmodic action of the muscles, or some alteration in the size of the canal, and is one of the most frequent, though remote, consequences of gonorrhœa, seldom appearing till some years after the disease, and is often attributed to the use of astringent

injections rather than to the gonorrhœal inflammation; but this may be well questioned. Strictures occasionally form in individuals who have never had an attack of gonorrhœa; indeed, the most severe forms of this disease result from mechanical injury to the urethra, such as falls on the perineum, &c. Strictures have been divided into the PERMANENT, SPASMODIC, and MIXED. By PERMANENT strictures are meant those depending on a permanent alteration in the size of the canal, caused either by an effusion of lymph into the submucous cellular tissue of the urethra, or on the surface of the mucous membrane. SPASMODIC stricture is that caused by the spasmodic contraction of the muscular fibres surrounding the urethra. MIXED stricture is that in which the prominent form of the disease is attended with a spasmodic contraction of the surrounding muscles. PERMANENT strictures are divided into the PACKTHREAD, BRIDLE, and long-continued. The PACKTHREAD is that in which there is a circular narrowing of the canal, as if a thread were tied tightly around it. The BRIDLE stricture is when a band of lymph crosses the urethra; and the long-con-

tinued, that in which a considerable longitudinal extent of the canal is engaged, and may be either on one or other of its surfaces, or occupying its whole circumference. The most usual seat of stricture is about the bulb; but there is much difference of opinion as to its precise situation: some contend that it is most frequently met with in front of, others say behind, the bulb. There is no part of the canal wholly exempt from the infection.

The earliest symptom of a stricture is the retention of a few drops of urine in the urethra after the patient has made water, which afterwards escape and wet the linen, while a further portion of urine is collected between the neck of the bladder and the stricture, and may be expelled by pressure on the lower surface of the urethra. This is soon followed by an irritable state of the bladder, the patient being frequently disturbed at night to pass water; the stream of urine becomes forked, spiral, or scattered, and, in a more advanced stage, the water is only voided in drops: there is, in general, a gleet discharge from the urethra, and uneasiness about the perineum and lower part of the rectum, &c.

When the stricture has existed for some time, the constitution begins to participate in the affection, a species of low fever setting in, marked by an accelerated pulse, impaired appetite, thirst, disturbed rest, and a peculiar degree of general irritability. As the disease advances, the fever assumes much of the character of an intermittent attack, being attended with occasional shiverings, followed by profuse sweatings. This may be distinguished from an intermittent by the irregularity of the attacks and the profuse nature of the sweatings.

SPASMODIC STRICTURE usually manifests itself after much eating and drinking, that is, a feverish and excited state of the system. It is attributed to spasmodic contraction of the muscular fibres surrounding the urethra, but it is questionable whether it ever occurs without a slight amount of permanent stricture.

The following may be considered as the principal after-consequences of stricture:—

RETENTION OF URINE, which seldom makes its appearance suddenly, unless when much spasm is present: in general, the stream of urine has been gradually diminishing for some

time, and the patient, from some excess or exposure to cold, brings on a complete retention of urine. The symptoms of the affection are, an extreme desire to pass urine, attended with a total inability to do so, or nearly so, a few drops only making their appearance with much straining, a sense of weight and fulness in the bladder and lower part of the pelvis, and the presence of a CIRCUMSCRIBED tumour, formed by the distended bladder, above the pubes. In many cases the last symptom is absent, as the bladder does not rise above the pubes, in consequence of its being in a permanently contracted state.

SYPHILIS.

The VENEREAL disease, or SYPHILIS, is contracted, like gonorrhœa, by the contact of infectious matter being applied to some part of the body, most frequently the penis in the male, and the labia in the female. It is recorded that the virus has been transmitted by contact, without any criminal intercourse, such as by a wound, or even wearing the clothes, or wiping on a towel which one affected by the

disease had made use of. Vaccination is often the cause of illness, and even death, the matter used coming from a child whose parents suffer from this fearful malady. Cases of this nature are often seen by the medical man.

SYPHILIS appears as a primary affection, in the form of a sore, called a chancre; and in the secondary affections, in the form of inflammation and ulceration on different parts of the body, the mucous membrane of the throat, the skin, periosteum, and bones.

A chancre generally appears from within four to seven days after connection, but the time of manifesting itself is variable, and may extend to many weeks. Its usual seat is the corona glandis, but it may also form on the glans, prepuce, or body of the penis; indeed, on almost any part of the human frame. The poison produces, first, a pimple on the part, of a darker hue than pimples in general, and attended with inflammation. The pimple bursting, an ulcer is formed in the centre, and then a slough is produced in the body of the sore, which is often large, and extends beneath the skin. The character of the sore is as follows:—It is generally

circular in shape; the surrounding edges are hard and ragged; its surface is yellowish, and the margin red; it is surrounded by an erysipelatous redness, and it possesses an indurated base.

Although the symptoms above mentioned will indicate a chancre, still the constitution of the patient, and many other causes, will frequently prevent their development, and give to the sore appearances which may render its diagnosis difficult. Thus, when the poisonous matter is applied to a sore, excoriation, or fissure in the skin, it takes some time before the syphilitic symptoms appear in the ulcer. If a chancre forms on the frænum, it usually destroys the part rapidly; it is more irregular in appearance than chancres in other parts, and is, in general, more inflamed and painful.

When a chancre forms on the edge of the prepuce, effusion takes place into the cellular membrane, inducing phymosis, as is also the case when the sore forms where the skin is reflexed over the penis. Chancres, if situated on the corona glandis, or between it and the frænum, often extend deep, and produce sloughing of the

part and of the glans itself. When a chancre goes through the skin into the cellular tissue, it assumes a disposition to ulcerate and slough.

If often happens, when the disease becomes severe, that the urine passes through the opening made by the chancre, and thus renders the cure very difficult, the acrimony of the water preventing the wound from closing.

The state of the constitution modifies the appearance of a syphilitic sore more than any other circumstance. In persons of an irritable habit, whether dependent on original formation, or induced by mode of living or pursuit, chancres inflame much, and run rapidly into sloughing. In this state, forming the IRRITABLE or SLOUGHING CHANCRE, the pulse will be generally from 120 to 130, an erysipelatous inflammation extends round the sore, and the sloughing attacks the body of the penis, which is rapidly destroyed.

PHYMOSIS is an elongated condition of the prepuce, which hangs over and conceals the glans. It is caused by inflammation, which terminates in an effusion of serum, or lymph, or both, into the cellular tissue of the prepuce.

Sometimes the inflammation will increase, and end in sloughing, unless properly attended to.

PARAPHYMOSIS is the reverse of phymosis. In this the constricted prepuce is retracted behind the corona glandis, and cannot be drawn forwards. The edge of the prepuce, constricting the corona glandis, will, if allowed to remain, cause a sloughing of the glans penis, or will liberate itself by acting on the constricted part. The strangulation is reduced by drawing the prepuce forcibly forwards.

SYPHILITIC BUBO. —When a chancre has existed for some time, the absorbents take up the poison, and, conveying it to the upper row of the inguinal glands, produce an inflammation and swelling of these, forming a bubo: one gland only is usually enlarged from the syphilitic matter, but many may be sympathetically inflamed. A bubo may not form until after the healing of the sore, as its formation may be delayed by some other disease in the patient. It frequently happens that the treatment will not prevent the gland from advancing to suppuration; this is indicated by sharp throbbing pains in the part. Fluctuations may appear, and

it will be considered and treated as a common abscess. If a bubo be improperly treated, sloughing will take place, producing the SLOUGHING BUBO. The sloughing not unfrequently extends to the iliac, a femoral artery, when death is caused by hæmorrhage.

SECONDARY SYMPTOMS seldom show themselves before six to eight weeks after the primary, but the two may co-exist. They generally show themselves in the following order, viz. sore-throat, eruption on the skin, iritis, and periostitis.

SECONDARY SYPHILITIC DISEASES OF THE MOUTH AND THROAT. When syphilis affects the mucous membrane covering the floor of the nose or roof of the mouth, the membrane becomes red and inflamed, and a pimple forms on it; when this opens, the bony palate is exposed, and may be felt with the probe. The exposed bone in some time separates, and a communication may be established between the mouth and nose, which gives a nasal sound to the voice, and allows of fluids passing from one cavity to the other. The discharge is thin and ichorous, and of very offensive smell. The tonsils also

become affected with sores, having the character of chancre. The throat feels dry, and the inflammation extends along the Eustachian tubes to the ear, producing acute pain and deafness. The mucous membrane covering the velum, and lining the back of the pharynx, is also liable to a similar state of ulceration. This not unfrequently extends to the cervical vertebræ, and proves fatal by the destruction of the bones, or the opening of the vertebral artery.

The mucous membrane of the cavity of the nose is occasionally attacked with syphilitic ulceration; a thin ichorous discharge, mixed with clots of blood, escapes, and is often followed by exfoliations of the spongy, and, at a later period, of the nasal bones, causing much deformity.

SYPHILITIC ERUPTIONS are liable to much variety. The most common kind met with is the copper-coloured eruption, in which the blotches rise a little above the surface of the skin, and, if they go on to ulceration, form thick incrustations. They are attended with very little pain; an itching, rather than a painful sensation, is felt in the part, and increases to-

wards evening. In some the eruption is of considerable magnitude, but is unattended with ulceration; in others, ulceration will be observed, with a very ragged edge. The parts in which venereal eruptions form most frequently are the head, face, and roots of the hair, the back of the neck and shoulders, and palms of the hand. In some, the whole surface of the skin is covered over with the eruption. In many, the eruption is of the papular form; in others, the pustular will be found to predominate: the papular is the mildest form, and terminates by desquamation; the pustular frequently runs into ulceration. If the ulcerations be exposed, crusts form on the surface of the sores, particularly on the face and forehead; these rise to a considerable height, and assume a conical shape, and are named rupia. Eruptions are the earliest secondary symptoms of syphilis, appearing, in general, from the sixth to the tenth week after the formation of the primary sore; they are usually accompanied by sore throat and inflammation of the iris, and not unfrequently by pains in the head, joints, and bones. They are, in most cases, preceded by

inflammatory symptoms, such as pains in the head and chest, imperfect rest, and general febrile disturbance.

SYPHILITIC DISEASES OF THE PERIOSTEUM AND BONES.

The above are later in their appearance than those of the skin. The long bones, which are exposed, and are uncovered by muscles, are most liable to them; such as the tibia, fibula, ulna, and clavicle; the femur and humerus are but rarely affected. The flat bones of the head, particularly the os frontis, or os parietale, are also attacked with secondary syphilis. Of the irregular bones, the sternum is most subject to syphilitic attacks. The symptoms by which syphilitic diseases of the bones are known are as follow:—The patient experiences, in the evening, a sensation of pain in the bone, which is afterwards the seat of the node; the pain does not immediately produce a swelling, but in the course of a few days a swelling appears in the evening, and disappears on the following morning. It is tender and painful in the even-

ing, but these symptoms are scarcely perceptible in the morning. At this time the periosteum only is affected; but soon after a deposit takes place between it and the surface of the bone; this deposit is in the first instance only a serous fluid, but a cartilaginous substance is soon secreted, which is gradually converted into bone, forming a node. The bone may become enlarged. Sometimes a serous fluid is found fluctuating between the periosteum and bone. Other symptoms may appear, such as inflammation of the skin, redness and pain, indicating the presence of purulent matter, ending with caries and exfoliation, which, exhausting the patient's strength, induce inflammation of the dura mater and brain, destroy life by formation of matter in the interior of the cranium.

The FŒTUS in UTERO may be impregnated with syphilis from the mother. The symptoms manifest themselves within twenty-four hours after birth. The palms of the hand, the soles of the feet, and the nates become covered with a copper-coloured eruption, and the nails generally begin to fall off. In these cases, however, the child often dies before birth.

WARTS are frequently formed on the glans penis, in consequence of the application of matter from a similar production, or of a diseased action in the glandulæ odoriferæ. They were formerly supposed to be syphilitic, but are now known not to be so.

PURULENT or GONORRHOEAL OPHTHALMIA is characterized by great swelling of the conjunctiva, which is frequently protuded beyond the lids, followed by a discharge of greenish-yellow matter in large quantities. The heat and pain in the eye are considerable, an aversion to light prevails, and in some instances an appearance of hypopion is visible in the anterior chamber of the eye. Purulent inflammation of the conjunctiva destroys vision by inducing opacity of the cornea. In the latter place successive layers of the cornea are thrown off, which, previous to their separation, lose their transparency, and present an irregular appearance, not unlike a false membrane, partially detached from the part. The cornea being thus destroyed, the eye bursts, the humours escape, and vision is lost. The eye is sometimes lost in this disease in the course of FOUR AND TWENTY HOURS.

PURULENT OPHTHALMIA OF INFANTS.—Children are also subject to a purulent inflammation of the conjunctiva. It usually appears a few days after birth, seldom at birth, and is considered to be caused by the acrid or diseased discharges from the mother coming in contact with the eyes of the child.

SYPHILIS in females produces similar appearances to those observed in males. The primary sores form in general on the inner surface of the labia.

DISEASES OF THE PROSTATE GLAND.—The prostate gland is seldom diseased except in advanced life. Phlegmonous inflammation has been met with in the young subject, even before puberty. This may be caused by gonorrhæa, or other cases of inflamed urethra, or may appear as an idiopathic affection. It is characterized by considerable heat and pain in the region of the neck of the bladder, a frequent desire to pass urine, a sense of weight and fulness in perineo, and an irritable state of the rectum. Some fever is also usually present. When the gland becomes more enlarged, retention of urine will be the consequence. In

some cases, particularly in scrofulous subjects, the removal of the inflammation becomes impossible, and leads to suppuration, indicated by a dull and heavy pain, rather than acute, attended with shiverings and an accession of fever towards the evening. If left to itself, the abscess will, most probably, make its way to the urethra, but may burst in the perineum.

In more advanced life the prostate gland is liable to a peculiar chronic enlargement, improperly termed scirrhus, for it is not malignant, neither does it present the fibrous structure of true scirrhus, nor even degenerate into open cancer. One or both lobes may be affected with this disease, but the left is more frequently attacked than either the right or the middle lobe. It is looked upon as a remote consequence of gonorrhœal inflammation, but has been known to occur in individuals who had never suffered from that disease. Being a chronic affection, it is sometimes many years increasing, before it causes serious inconvenience to the patient. At first there is some irritability of the bladder, as shown by frequent desire to pass urine; the stream of urine diminishes in size,

and is with difficulty expelled, in many instances only dropping from the end of the penis ; there is also a sense of fulness in perineo, and irregular pains about the neck of the bladder and rectum. As the disease advances, the difficulty of passing urine becomes greater, until complete retention takes place. This is seldom so urgent as retention of urine from gonorrhœa or stricture, as some urine in general dribbles away, which relieves the distended bladder. The enlargement of the gland is easily felt, by an examination per anum. The effects of the enlarged gland on the urethra depend on the lobe or lobes affected, thus, if the left lobe be enlarged, the urethra is thrown to the right side, and *vice versâ* ; if both be affected, the canal is narrowed from side to side, whilst it is increased in the vertical direction, so as to resemble a mere chink, at the same time that the canal is also increased in length ; the rectum is also pressed upon, so that there is usually some difficulty in passing the fæces, and these are often indented by the enlarged gland. In the advanced stages of the disease a quantity of viscid ropy mucus is passed

from the urethra; this is secreted in the prostate gland, as well as from the mucous membrane of the bladder.

The middle lobe of the prostate gland sometimes becomes enlarged. It then presses upwards, towards the neck of the bladder, and here forms a valvular tumour, generally of a pyramidal shape, which obstructs the flow of urine, until this fluid has collected in such quantities as to pass over the sides or fundus of the swelling; hence a *STILLICIDIUM URINÆ* attends this affection. The enlarged middle lobe frequently becomes incrustated with calcareous matter, and hence, as also from the symptoms, has induced the idea of a calculus being in the cavity of the bladder. One very remarkable symptom present in the disease of a stone in the bladder, and generally considered as diagnostic, is a sudden stoppage of the urine, caused by the stone falling against the opening of the urethra.

IRRITABLE TESTIS.—The part is so exceedingly tender, that the patient cannot bear to walk, as pressure of the testicle gives him excruciating pain. Handling the testis produces

dreadful pain, which will last for hours after, passing up the spermatic chord to the loins, and along the nerves of the thigh. This disease often requires castration.

SAROCELE.

The term saroccele has been applied to almost every disease of the testis in which this gland becomes enlarged; hence much obscurity has arisen with regard to diseases of this gland in general: the term will be confined to that of enlargement of the testis, which takes place in a syphilitic state of the constitution (although Mr. Hunter denied the existence of such a disease), and which therefore may be named VENEREAL SAROCELE. This is one of the latest of the secondary symptoms of the venereal disease, not appearing in most cases for years after the primary sore. It is in general accompanied with other symptoms of a venereal taint in the constitution, such as pains in the bones and joints, a few irregular syphilitic patches or ulcers on the skin, and not unfrequently a species of hectic fever, characterized by profuse night sweats, loss of rest

and appetite, wasting of the body, and great debility. One or both testes may be enlarged at the same time. The gland usually attains a large size, somewhat oval in shape, and slightly flattened at the sides. The integuments are not discoloured, nor is there much pain. The swelling is heavy, but not so much so as in the scirrhus testis.

SCIRRHOUS TESTIS is a very rare disease. It appears in the advanced periods of life, and presents the same characters as cancerous tumours in other parts of the body.

HYDRO-SAROCLE is an effusion of serum into the tunica vaginalis, in combination with an enlarged testis. As the presence of the fluid often depends on the disease of the gland, when this is removed the other disappears.

VARICOCELE, SPERMATOCELE, CIRRHOCLE.—These several names have been applied to a disease in which the spermatic veins become varicose. It is more frequent on the left than on the right side, from the termination of the left spermatic vein in the left renal, which it joins at a right angle. The part of the end below the external abdominal ring is more sub-

ject to the disease than that above this point. Is known by the swelling of the chord, which, when felt, resembles a bag of earth-worms. It is attended with pains in the chord, extending into the lumbar region, and by a wasting of the testis. The testis should be suspended in a bag-truss. Varicocele is frequently mistaken for an inguinal hernia.

HYDROCELE.—Although applicable to any tumour containing water, in general indicates a collection of serum in the sac of the tunica vaginalis. It is a perfectly local disease, and occurs most frequently in the adult in advanced periods of life. It is sometimes caused by injury, but more usually appears as an idiopathic affection.

The seminal fluid secreted by the testicles is always, when evacuated, mixed with the secretions of other structures, such as those of the seminal vesicles, the prostate gland, and the mucous glands of the urethra. To examine semen in its pure state, it should be obtained from the different vessels of an animal recently dead, in whom death has ensued from accident or intention, and not from disease. The dis-

covery by the microscope of the spermatozoa in the semen is a recent scientific achievement, and is not only most valuable in a philosophic point of view, but much more so as a matter of diagnosis. It has enabled us to detect many facts, and expose to light matters which before lay hidden in darkness.

On examination, the seminal fluid is found to possess many of the properties of other animal mucilages. It is of a blueish-white colour, and nearly of the consistence of cream, but more unequal. That which is first discharged by living animals has nearly the properties of what is found in the vasa deferentia and other vessels of the testicles; it is whiter and more opaque, while that which follows more resembles the common mucus of the nose, but is less viscid. It has, when first voided, a peculiar heavy smell, which has been compared to that of the farina of the Spanish chesnut. This odour appears to be derived from the secretions of the seminal vesicles, prostate, and mucous glands of the urethra, as pure semen obtained from the epididymis or deferent vessels has not any such smell. Its taste is said

by one of our most eminent physiologists to be at first insipid, with, however, a certain degree of pungency; after a little time it stimulates and excites a degree of warmth in the mouth. Vauqueline describes it as having a sharp and slightly stringent taste. Its specific gravity is greater than that of any other fluid in the body: it sinks into water, is coagulable by alcohol, is soluble in nitric and sulphuric acids, is softened by vegetable acids, evaporates by heat, loses its viscosity on the addition of lime-water, which, however, is increased by potash and soda, and it is thickened by ammonia. When exposed to air it soon liquefies, and then becomes specifically lighter than before; but it always remains heavier than water. When it does liquefy, it will combine with water at any temperature, but it will not do so at the time of ejection, nor will water dissolve it at any temperature, from zero to the boiling point, if it have not been previously liquefied.

According to the detailed experiments of Vauqueline, which were published in the *Annales de Chimie* for 1794, and which have been quoted by Fourcroy, Richerand, and others,

human semen appears to be composed of ninety parts of water, six of common animal mucilage, three of phosphate of lime, and one of soda. It exhibits a very marked alkaline character, changing the syrup of violets green, owing to the soda which it contains. The animal mucilage is not pure albumen; but Richerand observes it should rather be considered as a gelatinous mucus, on which its indissolubility in water, its odour, and spontaneous liquefaction, seems to depend.

It must be observed, in connection with the efficacy of microscopic examination, that *competency to use that instrument with advantage can only be acquired by a long course of study and practice.*

It is composed of innumerable parts, the proper working of all depending on the perfect order and skilful handling of each; and the least awkwardness or error in the adjustment of any of them may disarrange the whole proceeding. It is through this circumstance that some gentlemen, who have attempted microscopic inquiries without acquiring a sufficient amount of experience, have from time to time *fallen into such serious mistakes.*

I confess that I remained for many years in ignorance of the advantages to be obtained by the use of this instrument, and it was only after mature study and numerous experiments that I was enabled to act practically, without the fear of falling into any error.

The only certain means that can be adopted for obtaining a correct knowledge of the patient's case, is having an opportunity of testing the urine with the NEWLY CONSTRUCTED MICROSCOPE WITH POWERFUL LENSES, in order, in the first place, to ASCERTAIN THE PRESENCE OR NOT OF SPERMATIC ANIMALCULES OR SPERMATOOA, so essential for the propagation of the species; secondly, if present, their healthy or diseased state; lastly, and of equal importance, if they are divested or not of that vitality without which they cannot possibly answer the purpose designed by nature. There is a direct communication between the urinary passages and the seminal vessels; consequently, when the semen abounds with spermatozoa (the fertilizing portion of the semen), there is invariably detected the presence of these animalcules in the urine.

With the aid of my newly-constructed MICROSCOPE—in fact, indispensably necessary in my



*Nocturnal emission exhibiting
Spermatozoa*



*Spermatozoa on the Linen commonly found in
Patients given to Masturbation*



*Vaginal discharge on Linen exhibiting
Spermatozoa of Man*



*Excess of Phosphates commonly
found in Consumption*



Gonorrhæal Discharge



Syphilitic Discharge



practice—it can be unerringly ascertained whether the discharge, frequently mistaken for gonorrhœa, is from the prostate gland, the seminal vessels, or from improper connection.

The patient will therefore procure a two-ounce glass bottle, which he will fill with his urine, and send, securely corked and sealed, packed carefully in wool, (to prevent breaking) in a seidlitz box, which, with the bottle, can be obtained from any Druggist, addressed thus---

Carriage paid.

WILLIAM MEDICUS,

19, Berners Street,

Oxford Street, London, W.

Next door to the Foreign Library.

The application of the powers of the microscope to semen has shewn that very minute bodies swim in it; these move with rapidity, and from their various motions, from their avoiding obstacles, their retrogression, and change of velocity, they have been regarded as animalculæ. They are formed like a tadpole, with a round head or body, and a narrow tail. They are found in very great numbers in healthy seminal fluid, and closely crowded together. Ludovic

Haume is said to have been the discoverer of these animalculæ, and to have shown them to Lewenhoeck in 1677. Lewenhoeck has claimed the discovery as his own.

These animalculæ are not found, it is said, in the fluid contained in the seminal organs before puberty; but are always present afterwards, and do not disappear while man retains the power of procreation, having been met with in persons of a very advanced age: they are stated to be either imperfect or altogether wanting in that of mules. The more general character with respect to these tadpoles in the semen of mules is, that they are greatly deficient in number, and very imperfect in their formation. Some physiologists have asserted that they are also absent from the semen of persons who are suffering from, or have been much debilitated by, continual disease. The theories which have been formed respecting their nature and uses have been very various.

These animalculæ, or tadpoles, are now called *spermatozoa*, as it is yet a question among physiologists whether they are independent parasitic animals, or merely animated particles, of

the organism in which they exist. A spermatozoa consists of a flattened, oval, and perfectly transparent body, terminating in a filiform tapering tail, which together measures from one-fiftieth to one-fortieth of a line in length. Wagner has shown that they are developed within cells, and originate from the spermatic granules, being formed by the dispersion of the nuclei of these cells.

These animalculæ are peculiar to the spermatic fluid, and constitute the chief characteristic of this secretion. They live for many hours after they have been ejected from the urethra; the application of blood does not injure them, but that of urine renders their motions feeble, and hastens their death.

The spermatic fluid also contains a number of minute, round, colourless, granular corpuscles, which vary in quantity, but are usually much less numerous than the spermatozoa. Both these elements of the sperm are suspended in a clear transparent fluid, termed the *liquor seminis*, or seminal liquor. The quantity of seminal fluid emitted during the act of sexual congress varies from one to two or three drachms.

There is a singular fact connected with the history of these animalculæ, that they have been discovered in very large numbers, and in a very lively state, on more than one occasion, in the fluid removed by operation from hydrocele, both simple and encysted. In the former, or simple hydrocele, their presence has been attributed to a wound of the testicle by the instrument used in operating; and in the encysted form it is supposed that it is owing to a rupture of one of the seminal tubuli.

It has been already remarked that the tadpoles, or spermatozoa, are imperfect and deficient in the semen of mules, or hybrid animals. Hence depends, in all probability, the impotence or sterility of those creatures. They are generally utterly incapable of generation. There are, however, instances, both among the mammalia and birds, of individuals belonging to species universally held to be distinct, uniting and producing young, which again were prolific. That the mule can engender with the mare, and that the she-mule can conceive, was known to Aristotle. The circumstance is said to occur more frequently in warm countries; but it has taken place in Scotland.

Buffon states that the offspring of the he-goat and ewe possesses perfect powers of reproduction. We might expect these animals, with the addition also of the chamois, to copulate together easily, because they are nearly of the same size, very similar in internal structure, and accustomed to artificial domestic life, and to the society of each other from birth upwards. There is a similar facility in some birds, where such unions are often fruitful, and produce prolific offspring. The cock and hen canary birds produce with the hen and cock siskin and goldfinch; the hen canary produces with the cock chaffinch, bullfinch, yellow hammer, and sparrow. The progeny in all these cases is prolific, and breeds not only with both the species from which they spring, but likewise with each other. The common cock and the hen-partridge, as well as the cock and guinea hen, and the pheasant and the hen, can produce together.

Notwithstanding all these, and perhaps other examples which might be adduced, the general rule is that hybrids are incompetent to perform the act of generation, so as to produce

offspring, and it is a wise provision of nature that such should be the case, to prevent the world being inhabited by monstrous creatures, as would be the case, were it the general rule that fecundation followed the act of copulation, when practised by the offspring of parents of different species.

SPERMATORRHŒA, or involuntary flow of semen, may be justly classed as a disease. Though seldom or ever treated by the qualified practitioner, and even disavowed by some as to its existence, it is proved to be the cause of maladies too numerous to mention.

The causes of this involuntary emission are many, and in some instances would seem contradictory; but, notwithstanding, the proofs exist. Thus self-abuse, excessive intercourse, gonorrhœa, piles, constitutional weakness, fullness of the bladder and rectum, stimulating beverages, amorous thoughts (reproduced in sleep when unchecked by the guidance of reason), lying on the back on retiring to rest, more clothing than necessary, friction produced on the parts from various causes, dalliance with the sex and lastly, which may seem strange (though

philosophically true), continence, or rather total abstinence, may all be causes producing spermatorrhœa.

There is a great evil attending upon spermatorrhœa, which is this,—that in several cases the person so afflicted is not aware of the existence till symptoms are felt, which, so far from indicating the malady, are treated by those unused to the complaint for any but the real one. As a consequence, the MICROSCOPE ALONE can give proofs of the EXISTENCE or NON-EXISTENCE of the disease.

The SPERMATOZOA are found in the seminal fluid, and are of a form not unlike that of a tadpole with the upper part or head flattened; the tail part being straight or wavy, according to the movement pursued. To these minute objects man is indebted for existence, and when these are not in a HEALTHY state, nor SUFFICIENT in number, DISEASE and IMPOTENCY must follow as a natural and fearful consequence.

URINE.

URINE is a limpid yellowish fluid, with a slightly acid reaction, and averaging in specific

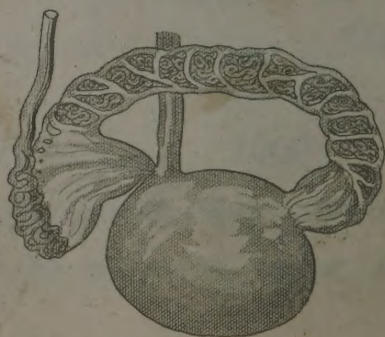
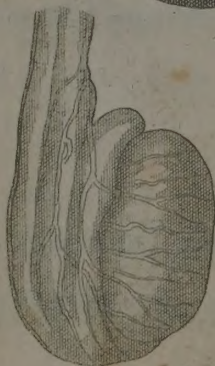
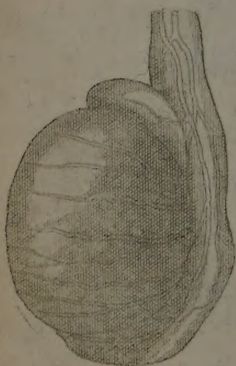
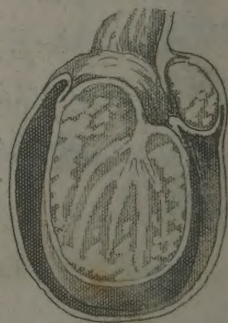
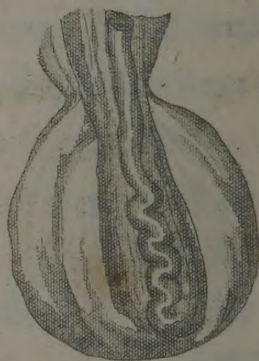
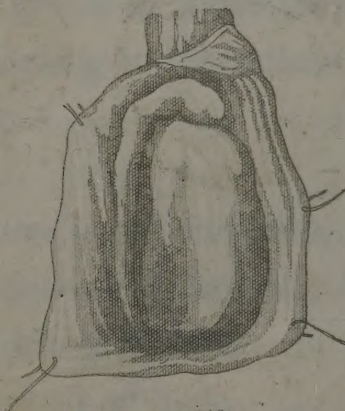
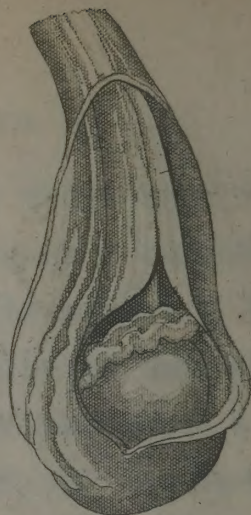
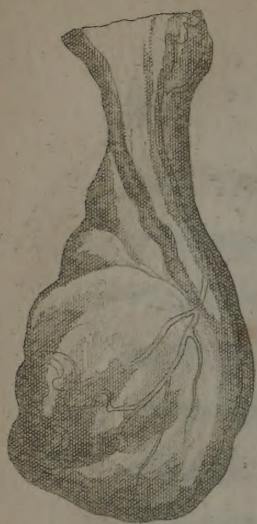
gravity 1·022. It is speedily decomposed by exposure to air and heat, ammonia being generated in great abundance. The urine may be looked upon as the great outlet for nitrogen from the system. It removes also water and foreign soluble matters that get into the blood. The average quantity of urine voided daily in a state of health is about 32 ounces. The analysis (according to Berzelius) is the following:—

Water	933
Urea	30·10
Lactates and Extractives	17·14
Sulphates of Potash and Soda	6·87
Chloride of Sodium	4·45
Phosphate of Soda	2·94
„ of Ammonia	1·65
„ of Lime and Magnesia,	1
Hydrochlorate of Ammonia	1·5
Uric acid	1
Mucus of Osladder	·32
Silica	·03

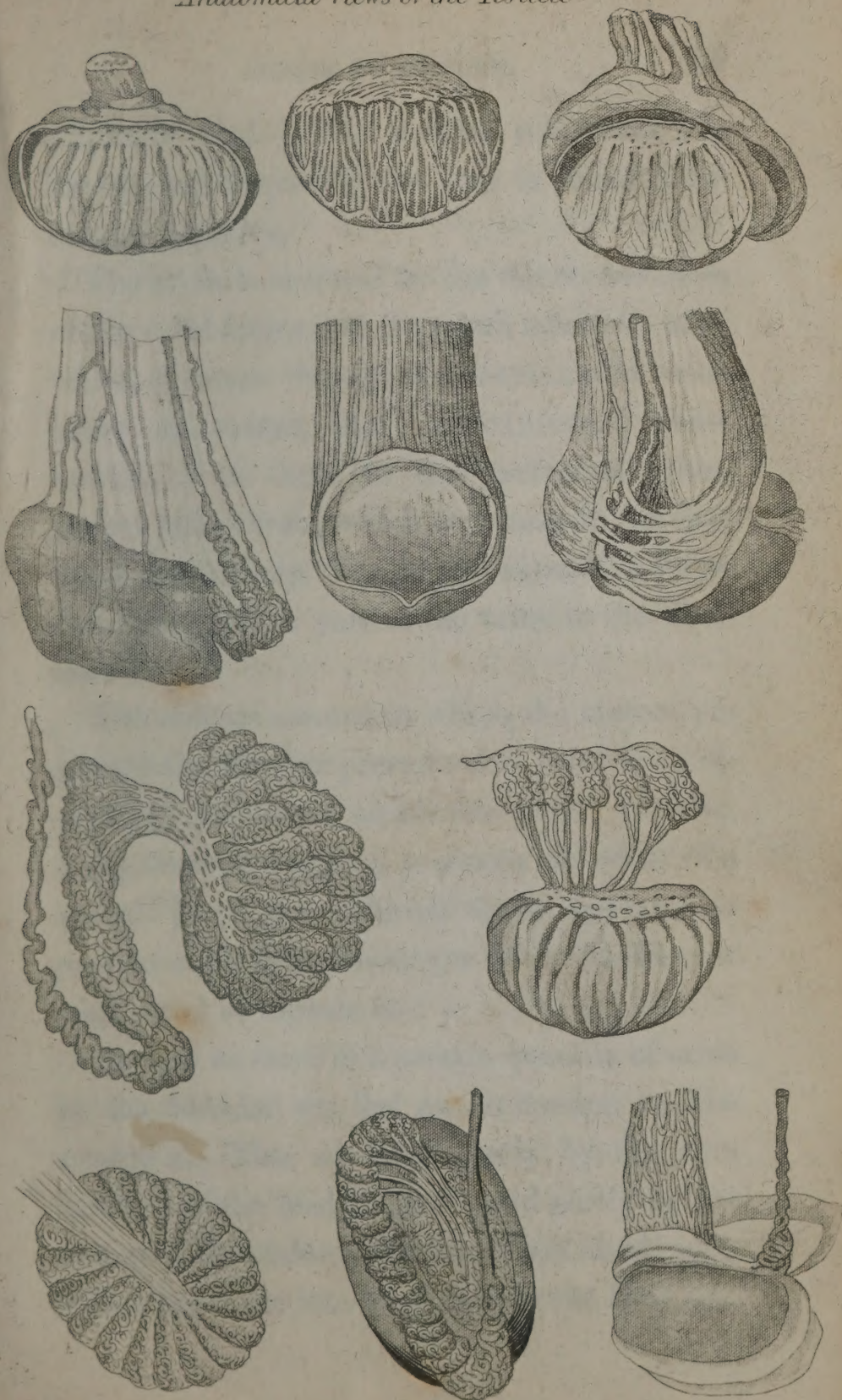
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In a diseased state the urine may contain other compounds, such as albumen, sugar, or

Anatomical Views of the Testicle



Anatomical Views of the Testicle



sulphuric acid. Bile is also sometimes observed, and frequently uric acid is found in increased quantity.

The urine is secreted by the minute branches of the renal artery into the tubuli uriniferi; after which it passes through the PAPILLÆ OR MAMMARY PROCESSES, into the CALICES. These uniting, form three or four principal tubes, named infundibula, which terminate in the PELVIS of the kidney. The pelvis contracting forms the ureter, which carries the urine to the bladder.

The oblique manner in which the ureters penetrate the bladder prevents the urine from returning; the inner membrane of the bladder, lying over the opening, produces the effect of a valve. It is also believed to be intended to prevent such over-distension of the bladder as might lead to rupture it.

As soon as there is a certain quantity of urine in the bladder we feel an inclination to discharge it. This we effect partly by the contraction of the bladder itself, and partly by the action of the abdominal muscles and diaphragm, which press the intestines against the bladder.

When urea, lithic acid, earthy phosphates, and particularly the ammonio-magnesian, is mixed with the phosphate of lime, spasmodic action to the muscles is given, and when the mucous lining is in an irritable state, potass, ammonia, and soda cause spasm of the urethral muscles.

In order, however, to arrive at a certain knowledge of the properties of the urine, the MICROSCOPE alone will INSURE a satisfactory result.

UREA.—The nitrate of urea may be easily known by its forming a sort of scaly crystals.

LITHIC ACID.—The shape mostly taken by this substance is that of the rhombic, or quadrangular; it is thin, transparent, and of a yellow amber colour. This substance sometimes takes other forms, such as that of CUBES, or SER-RATED tables, some even believing to have seen it take the form of CYLINDERS, but the usual forms are the first mentioned.

LITHATE OF AMMONIA.—This salt is easily recognised; it is more easily rendered soluble in warm than in cold fluid, and by warming the urine, should the same be turbid, it will be rendered perfectly clear by the process of the test

tube. This one test is quite sufficient to prove the presence of lithate of ammonia. The acidity of this salt will give spasmodic action to the urethral muscles, and even produce spasmodic stricture.

EARTHY PHOSPHATES.—Earths may be found in the urine, such as magnesia and lime, mostly combined with phosphoric acid and ammonia. Sometimes the phosphate of lime is mixed with the triple, or ammoniaco-magnesian phosphates, which are then named **MIXED phosphates.**

TRIPLE, OR AMMONIO-MAGNESIAN PHOSPHATE.—Of these deposits there are two, varying in the proportions of their bases, to be distinguished only by the microscope, their crystallizations presenting characteristic differences. One is named the neutral, the other the basic variety.

NEUTRAL, OR PRISMATIC SALT.—This salt presents a beautiful view under the microscope, from the shape being prismatic; hence its name. The usual form, triangular prism, at times bevelled off, or truncated. Many appear like two triangular prisms, or square ones, adhering by their sides, and beautifully transparent.

PTERYGOID CRYSTALS.—These are of a wing-shape, connected by their acute ends, and are more curious than important.

BASIC TRIPLE PHOSPHATE.—When artificially formed, as by a chemical re-agent, its appearance is that of a star, from which radii spring. When rapidly formed, the edges appear serrated and crenated. When slowly formed, they appear broad foliaceous. They are easily recognised after a first view.

PHOSPHATE OF LIME.—The prostate gland often secretes phosphate of lime, but it may be doubted if the urine has any such deposit. Abroad they assert that this salt appears in a crystallized form, but this opinion is not held in this country. When it does appear in certain diseased states of the mucous lining of the bladder, the coats of the bladder have most likely secreted the same.

OXALATE OF LIME.—This salt is only to be detected by the microscope, and is recognised as forming the mulberry and the hempseed calculus. Management is required to detect the salt, as it frequently is found mixed with the lithate of ammonia.

It may here be observed how very many important truths may be discovered from a careful examination of the urine. Many conditions of the urine may cause excitement and irritability of the urethra and bladder, by the urine being too stimulating in its quality ; and thus, by proper remedies diluting the fluid, the health of the patient is secured.

URINE AND SPERMATORRHEA.

It is of the utmost importance, when the urine is tested, that proper means be taken to know when it is voided, in order to gain necessary and accurate information under what circumstances it took place ; and notice should be taken as to the quantity in the four-and-twenty hours ; its colour, odour, transparency, or turbidity ; specific gravity, acidity, neutrality, the nature of the deposits, or floating substances, and the spontaneous changes it undergoes within two or three days, to which may be added the chemical operations ; and last, though not least, the view it presented under the microscope, which, if powerful, will enable all

doubt to be removed, and ensure the patient a *true opinion as to the diagnosis of his case.*

Whilst man is seeking, by the vilest and most unnatural act (since not existing in nature), to abridge that life which has always been found by great men too short for their scientific purpose,—gifts almost divine, with inventions and discoveries, have been found to counterbalance the evil which must otherwise have, like a second deluge, destroyed the human race, though, unlike the first, invisible in its attacks, they being attributed to other causes, the effects of which remain.

Had it not been for such men as Storck, Wollaston, and others, the properties of the urine had remained a myth, whilst that “ocular proof,” which the *microscope* alone can give, enables cures to be performed, from the cause being there *distinctly seen*, not guessed at.

Wondrous, indeed, are the facts elicited by the shape, action, and other indices of the semen, or sperm. How many grievous mistakes have, and are daily made, from a want of attention to this branch of study. Under the vague terms of nervousness, constipation, hysterics,

indigestion, lowness of spirits, &c., a treatment is pursued, which owes its origin to spermatorrhœa, and spermatorrhœa only, produced by masturbation.

Incontinence in sexual intercourse produces consequences of so dire a nature (excepting even that chain of maladies known by the name of venereal) as to warrant an extreme supervision in our every-day actions of life.

At first, the symptoms are but trifling, and sometimes local, but soon, alas, they assume a more decided character, and pallor, emaciation, debility, swellings in the hands and feet, indigestion, hectic fever, hypochondria, loss of memory, confusion of ideas, which may end with idiotcy, suicide too often closing the sufferer's mortal career.

Vain would be the attempt to classify the various other symptoms to which the patients are exposed. We find them sometimes suffering from palpitation of the heart, produced by the slightest emotions, pulmonic affections, by degrees increasing in severity, which would cause the medical to man believe that a decline had began; and too often such is, indeed, the

fact, terminating in regular consumption. The digestive organs having become involved, whilst flatulence, loathing, jaundice, together with an anxious and haggard expression of countenance, have given proof of the fearful condition under which the patient suffers.

Again, how sad the picture of the impotent patient ! A remarkable alteration takes place in the temper and general deportment ; irritability, peevishness, and discontent, are ever preying on the victim of self-abuse, till a settled melancholy takes possession of the mind. "Hope which comes to all, comes not to him." Under the torments of anger, the moral energies are lost, and that which would rouse the man to vindicate his right is dead, whilst courage, that glorious feeling of self-dependence, exists no longer, and, like a mere machine, the wearied spirit sinks under the load of bodily ills.

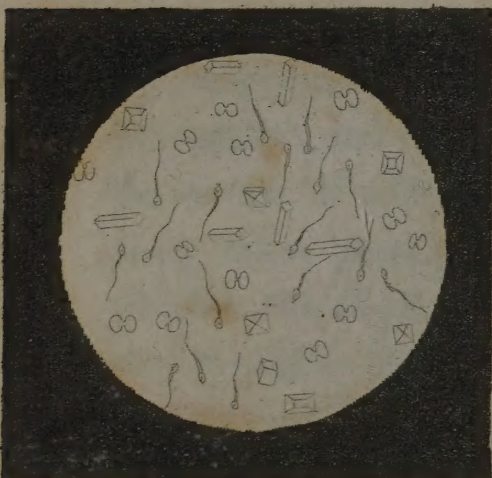
Mirth, amusement, cheerful company, have no more attractions for him. Solitary and morose, he at times is considered by his friends as deep-thinking or studious ; but this is soon found not to be the case, since his vacancy and abstraction of thought, together with want of



Spermatozoa in Man



Lithic Salts & Spermatozoa



Oxalate of Lime with Spermatozoa



Triple Phosphate with Spermatozoa



Lithate of Ammonia with Spermatozoa



Saccharine with Spermatozoa commonly found in Diabetes

power to pay attention, for any given time, to one object, proves his real condition to the experienced judgment of the practitioner and close observer.

“The cerebral functions,” says Professor Lallemand, “are not more weakened than the others, but the consequences of their derangement are much more serious, and more easily to be appreciated. It is soon observed that the memory becomes impaired, and the thread of ideas easily interrupted, and that the least mental irritation causes an afflux of blood towards the head. It is under similar tendencies that difficult digestion, long-continued constipation, distention of the abdomen by gas, &c., succeed, which ultimately excite congestions in the brain, now weakened and fatigued.

“But these congestions are attended with a remarkable weakness of the pulse, coldness of the extremities, a feeling of general uneasiness, anxiety, agitation in all the senses, and an irresistible necessity for motion. These are soon followed by great paleness of the face, general weakness, and a frightful prostration, without any part of the body being less affected than the other.

“Apoplectic congestions are preceded, for many years, with progressive derangement of the economy; the pulse is full; there is a tendency to repose, to drowsiness, and it is with difficulty that the patient can be induced to rise early in the morning, when he feels stupid for some time after getting out of bed.”

Sometimes also the appetite will increase most voraciously, nature making an effort to sustain the failing strength. The eyes lose that animation and brilliancy, whilst there is less dilation of the pupil of the eye, and the look of the patient seems to ask commiseration from the beholder.

This insane practice destroys the present and future, dries up the source of life, gives to youth the infirmities of age and disease, whilst the road “to that last bourne from whence no traveller returns” is dark, dreary, and dreadful. Each day adds but to the weakness of the mind and body, and conscience, even in dreams, allows the sufferer no respite from sleep. Reader, do you for a moment imagine this picture overdrawn? do you suppose this to be but an artifice used to check a fatal malady? Would that

the catalogue of ills were less ; but the medical men and the divines of the different denominations know the truths I am asserting ; and though, from motives of feeling, the secrets become not general, the truth remains, and cannot be set aside. Ask the bills of mortality, the hospitals, asylums, houses of charity, and private dwellings. They, and they only, can furnish you with the number of the victims. Too long has the serpent been silently fostered by society, and in silence allowed to grow, till its strength and venom has rendered it too formidable to be combated in private. It must be dragged to view, it must be known and seen, its powers discussed, its venomous influence checked ; and though the present generation may frown, the next will smile, while the future ones will bless and honour those who dared step out of the ranks of routine without the support of those whose duty it should have been to assist, by all means in their power, the cause of humanity. The greatest and best of men felt it their duty to aid in the good cause, and the names of Hippocrates, Celsus, Arite, Galen, Pliny, Actius, Sanctorius, Lomnius, Tulpius,

Blanchard, Boerhaave, Senac, Ludvig, De Gotter, Van-Swieten, Klockot, Hoffmann, Levis, Storck, Fournier, Deslandes, Doursin, Dubreuil, Teraube, Tissot, Georget, Osegin, Sandras, Lallemand, Wickmann, Kaula, Zimmermann, and a host of others, prove how much the subject occupied the thoughts of the learned body. All nations were zealous but England, where, from the number of idiots and victims *said* to die from consumption, the question might be asked, What was the primitive cause of all this waste of human life? No doubt the answer would have been, Self-abuse, and self-abuse only.

The stages of disease vary; and that which is trifling at first becomes, in a short time, serious. Many there are who, at the beginning, feel little inconvenience, continue, under the false impression that graver consequences will not follow. If, however, philosophical reasons and medical assurances, and varied cases, are brought to the view of the deluded and insane; is there not every reasonable hope that it may so far affect the mind as to cause the victims to think, and, thinking, cease to continue that which they

know *must* lead to destruction. How often is the general practitioner brought to a stand, and hesitates to believe in the existence of a vice, of which he is, notwithstanding, certain; but the parents,—what would they say if certain questions deemed indelicate were to be asked? The patient is mostly prepared to deny all knowledge, even of the practice itself, much less being the actual delinquent. Again, should, after all, the supposition be wrong, can it not be that the symptoms observed arise from some other hidden cause. The doubt exists; it is taken for granted, acted upon, remedies are given without effect, the baneful practice is continued, the victim is made to believe that the cause of ill-health is not in the fearful crime; the practice is continued; and thus *cure becomes impossible*, and the death of the patient following is ascribed to any but the *real* disease. How is it possible that the man who has made it his study to trace and distinguish the symptoms of disease, has been deceived,—how is it? Because the cunning of the patient, his social position, the ever-anxious and attendant family, the seeming religious tone and look, have all been there to baffle the medical man, who, instead of being

left alone with the patient, there to gain his confidence, so much required, there to probe the heart by the every look and movement of the patient, has, on the contrary, had every obstacle thrown in his way to prevent him gaining the certain knowledge of an existing ill, which then might have been attacked with the proper and necessary remedies. May the time have arrived that the veil shall be rent by the vigorous hand of publicity. The medical profession, when willing, know sufficient for their purpose from personal observation, lectures, and numerous works written on the subject, but the public in general, the busily-engaged merchant, the quiet country divine, the principals of schools, of both sexes, and others too numerous to mention,—are they aware of the existence of this fatal and insane practice? and if they should be, do they know the indices which can convict an offender? Do they know the consequences which ensue? And if they know even all this, are they acquainted with the means of checking its progress? No, they will only aid in blinding the interested, and even themselves.

SHOULD THE VICTIM OF SELF-ABUSE READ

THE PRESENT WORK, IT WILL GIVE HIM A KNOWLEDGE OF THE FEARFUL EVILS TO BE EXPECTED : TO THOSE WHO ARE STILL PURE FROM THIS FEARFUL AND SELF-DEBASING PRACTICE, EACH WORD AND SENTENCE WILL TEND TO ENCOURAGE THEM IN THAT PATH CHOSEN, LEADING TO HEALTH, HONOUR, AND HAPPINESS.

The use of our powers, exercised in a legitimate manner, at a proper time of life, and under favourable circumstances, are beneficial; but if, on the contrary, they are over-taxed, or abused, and further allowed a scope of action not intended by nature, and proved pernicious by every-day experience; and if, in addition, the penalty attached to all illicit connexions be taken into consideration, it will be found that the plea for thus acting against our Maker and ourselves can only be ignorance, wilful viciousness, or incipient insanity. There can be no doubt, that where a man rejects health, reputation, and hopes of future, "for a momentary animal convulsion," the mind *cannot* be in a sound state, since the evils so far exceed even the

supposed pleasure. I say supposed, because it has been questioned if there can be any real pleasure. How beautifully do the following lines of Dr. Young, in his Night Thoughts, bear on this subject :—

“ Nature, in zeal for human amity,
Denies or damps an undivided joy.
Joy is an import : Joy is an exchange :
Joy flies monopolists : it calls for two :
Rich fruit ! Heav’n planted, never pluck’d by one.”

When once the destructive practice is established, the barrier of intellectual control is destroyed ; for the mind—that changeling of social, cultivated man—by a singular adjunction, becomes not its corrector, but its exciter and co-operator, in defiance of culture, moral feeling, moral obligation, and religious impressions : thus the man who, at the advent of youth and genius, was endowed with gaiety and sociality, becomes, ere twenty-five summers have shed their lustre on him, a misanthrope, and a nadirpoint of discontent ! What moral region does that man live in—what moral feeling does he cherish, that would not unite all the energies

of his nature to stem the torrent of so fatal a cataract! Is it nothing to give licence and tacit approbation to a weakness and predilection that break through all the barriers of nature, give to the individual a callous insensibility, foreign to the native texture of his heart, and darken all the brilliant and enthusiastic prospects of the future? Is it nothing to surrender up all the fine and manly enjoyment of social and conjugal intercourse, and substitute in their place a deep and barren misery? Is it nothing to light the gloomy torch that guides, by slow and melancholy steps, to the sepulchre of manhood, in the gay and fascinating spring-time of youth and ardent desire; when the brilliant fire of passion, genius, and sentiment, ought to electrify the whole frame? Is it nothing to raise a host of sensations, of the most depressing nature, all hostile to the natural ardency of youthful passions?

To begin the career of manhood by the abuse of nature's functions, and that, too, when the system has not completed the powers of its organization, is contrary to all the rules by which health and happiness may be attained. Exclu-

sively absorbed by this fatal passion, all the powers of mind and body are wasted in illusion, and an age of care and anxiety follows, ere the full period of manhood has been reached; and, under the varied forms of its peculiar excitement, it produces morbid sensibility, an erratic imagination, and their consequent results—hypochondria, hysteria, indigestion, &c.—which, on their first approach, are considered of too light a character to merit attention: and thus time passes on, till the whole system is involved in relative or positive disease. In some habits a few weeks' indulgence in this infatuated propensity will induce these diseases, either by sympathy or connection; and where a predisposition to insanity exists, madness will follow. It not only occasions *impotency*, by producing a paralysis of the muscles and nerves concerned in sexual intercourse, but it destroys the excitement itself by which the act is induced, and the feelings which lead to it are maintained. The consequences are, before having the power of performing the act of coition the semen escapes, causing the disgust of the woman and a contemptuous feeling difficult to remove; and, on

the other hand, the chagrin and indispensible mortification of the man, penetrating into his heart, and almost upsetting his reason, thus extinguishing the innumerable blessings attending connubial felicity. By this practice a constant irritation is kept up in the system, which, by its perpetual influence, renders the delicate fibres of those organs incapable of the act of coition: for by its repetition, the organs of generation are so familiarized with the dictates of the imagination, that they are more readily excited into action, and that imperfectly, by this morbid and vitiated influence, than by the effects of their natural stimulant: it produces that debility which must ever result from excessive action of every organ, and that general exhaustion of the nervous system which is the morbid consequence of power unnaturally exerted beyond its limits. Thus the foundation of an aversion to Paphian pleasures is laid, and *nocturnal emissions* soon follow. Some slight local irritation of the parts agitates the first link of that chain of ideas which has been artificially associated with the action of these organs; uninterrupted by external impressions, the chain continues; and the organs perform their func-

tions in compliance with this excitement, and that, too, frequently at all hours of the day and night, and apparently from the most trivial cause. These repetitions are more than the human frame can bear, and they produce that incapacity for erection in the male which lays the foundation of impotence, and which causes in the female an aversion to sexual intercourse. The mind, by becoming interested in the performance of this act, and by the exhaustion of the nervous energy which its frequent performance induces, becomes debilitated; silently tortured by the bitterest agonies of remorse, the wretched victim of this foul propensity suffers from a general lassitude of the nervous action, in which the whole system participates, but more particularly the organs of digestion; for such is the sympathy of these parts with the act of impression, that all the physical and moral sensibilities are directed to them, as to one common focus. A stronger illustration of this fact cannot be met with than in Dr. Darwin's "*Zoönomia*," where, treating of that hallucination of mind produced by the predominance of one particular impression, he mentions the circumstance of a man who shot

himself, leaving upon the table a slip of paper containing these words only, "*I am impotent, and not fit to live.*"

Returning to the immediate object of our investigation, let us inquire, in the first place, if there be no moral turpitude attached to an act that counteracts the end for which we were designed? secondly, has the constant repetition of this act no effect on the animal mechanism? thirdly, will not the seminal vessels, by being emptied too frequently and too rapidly, be filled with greater abundance of fluid, but of a less healthy and natural character? Agreeably to the laws of the animal economy, as this elaborate secretion is increased in quantity, all the other secretions must be impoverished: this effect therefore does not confine its operation to muscular energy alone, but causes its influence to be felt also by the intellectual powers. Galen says, that "every pore is full of semen; that it has excellent virtues, and very speedily communicates some of its power and energy to all parts of the body." "Nature has given us hunger for the preservation of the individual, and lust for the support of the spe-

cies:" reasonable creatures correct their incentives, and make them conducive to the purposes of friendship and society, by placing them in subjection to moral sentiment and the influences of the intellect. In fact, this practice not only injures the body, but the mind also, and that at a period when it is full of genius and power: even when the passions are developing themselves in the zenith and energy of their action, its influence is felt throughout the whole fabric, acting with fearful energy on the mental faculties, and rendering the individual unqualified for the ordinary and necessary avocations of social life: reducing him to a state of childish imbecility and premature decrepitude, and bringing on all the habitudes of premature age ere the middle of life has arrived: he carries with him the form and aspect of other men, but without the vigour and energy of that season which his early youth bade him hope to attain. Buffon observes, "How many men cease to be men, or, at least, cease to enjoy manhood at, thirty? How many at eighteen receive the impression of the seeds of a disgraceful disease itself, which it is impossible afterwards to eradi-

cate? For an abuse of the sexual impulse greatly accelerates old age; and unfortunately, as the season of life advances, to its imbecility are added all the errors that approximate to youthful sensuality; thus the desire of venery is either transient and insufficient, or totally annihilated, producing a debility little short of death. In the generative system, it forces and weakens the vessels of these organs to such a baneful extent, that when the luxuriance of youthful passions prompts to the lively intercourse of sexual bliss, they feel, they burn, with all the ardour of endearing blandishments, yet want the energy and capabilities necessary for their gratification."

Onanism is a sin, condemned by the laws of God and man, and the results are so fearful, and the retribution and remorse which follow so harrowing, that a human being endowed with reason must be infatuated indeed if he deliberately entails all this misery on himself—for what? the momentary gratification of a perverted desire, which passeth by like a fleeting shadow, producing anguish of heart, contempt for oneself, and a deprivation of all the noble

attributes of man. A learned and excellent divine, speaking of the abominable habit, says—
“The crime itself is monstrous and unnatural, as its practice is filthy and odious to extremity; its guilt is crying, and its consequences ruinous; it destroys conjugal affection, prevents natural inclinations, and tends to extinguish posterity.” Nor can this latter misery be overrated; for no bodily ailment, it is certain, imposes such dire discomfort as the inability to exercise the reproductive functions, and to beget our future representatives.

The punishment for UNNATURAL IMPURITIES committed with others is CAPITAL, whereas, in self-pollution, neither the CAUTIOUS nor the COVETOUS imagine they have any thing to fear. What a strange thing it is, therefore, that a man should show bashfulness and the utmost cowardice to his fellow-creature, (even should that fellow-creature be the most impotent wretch,) and that he should behave with gigantic boldness to the Almighty Creator of heaven and earth. What comfort must a man have, in reflecting on the past actions of his life, who, hardly coming to half the age he might

reasonably have expected to have arrived at, finds himself enervated by the practice of self-pollution, his spirits sunk, his body wasted, and his strength decayed, and in continual danger of being forced to resign his impure breath upon the least inclemency of the season, or any other trifling accident?

Individuals scarcely turned of forty years of age, and many even younger, who have lived rather freely, are not unfrequently, about that period of life, *greatly changed in their powers of sexual intercourse*. They may, indeed, in general health and personal appearance, be stout, and for several years not very sensible of *the degeneration of their powers*; but the frequency of their inclination for such duties gradually becomes much diminished, and that is a symptom which is at all times indicative of approaching impotence; for the inclination gradually and entirely ceasing, the want of power speedily follows, or rather both are lost together. In others, about the same time of life, the physical power ceases first, and the inclination continuing, often for many years after, they are obliged to gratify themselves in amusements

which are the mere *pantomime of amorous indulgences*. Such individuals, being otherwise in tolerable health, are recoverable.

Constitutional exhaustion and general enervation and debility, resulting from premature, intemperate, and *unnatural venereal excitement*, are, without doubt, by far the most frequent causes of impotence and barrenness in both sexes. By this evil habit it so occurs, that the generative organs, and the entire nervous system, are excited to a degree beyond what takes place during actual copulation; and the natural and certain consequences of such excitement are prostration, and premature and total destruction of the sexual energies. The spermatic fluid, which, as every one knows, it is the office of the testicle to secrete, every one should at the same time be aware is not, as is too commonly supposed, an excrementitious fluid, and intended, like the urine, to be eliminated from the body; but, on the contrary (except during an occasional act of generation), should be received into the circulation, and thence distributed to every part of the system. It is the presence of the semen in the circulating fluids of the male,

and the accumulated influence of unexhausted ovaria in the system of the female, which gives to the countenance of the continent and chaste the peculiar expression of energy and vigorous health which generally characterize them, and which, though the features themselves should not be fashioned to the lines of beauty, never fails, notwithstanding, to impress the beholder with a sense of admiration and some feeling of respect.

The causes which lead to the indulgence in this wretched vice are numerous, and, unfortunately, too effective: one of these may be described as a peculiar amatory disposition, in force ere the approach of puberty, and which, especially with boys in the habit of associating freely with elder lads, as at the principal public schools, causes a salacity which leads to the practice of self-indulgence, and that to a most ruinous extent. The danger that thus accrues is maintained by the ignorance of these unhappy and unfortunate youths that they are doing wrong, and inflicting an indelible injury on their constitutions, inasmuch as, ere they become aware of the nature of the sad results, so much

mischief has accrued, so much misery of mind and body from this wretched practice, that the utmost efforts of art are requisite to restore health, and the wonted equilibrium of the frame.

Hippocrates, the most ancient and just observer, described the ills that are occasioned by self-abuse under the title of *Tabes Dorsalis* :—
“This disorder arises from the spinal marrow, and those of a lascivious disposition are afflicted with it. They have no fever, and though they eat well, they fall away and become consumptive. They feel as if a string or stitch descended from the head along the spinal marrow. Every time they go to stool, or have occasion to urinate, they shed a great quantity of thin seminal liquor. They are incapable of procreation, and they frequently dream of the act of coition, hence ensuing nocturnal emissions. Walking, particularly in rugged paths, puts them out of breath and weakens them, occasioning a heaviness in the head and noise in the ears, which are succeeded by a violent fever (*lypiria*), that terminates their days.” In a further description of the disease, he also observes, “that it is caused by

the wasting of the marrow of the back-bone in an unnatural way;" by which, doubtlessly, he meant the sperm, or seminal liquor. "The patient," says he, "is free from fever, yet feels a kind of burning heat on some internal part: sometimes eats and digests well; and if you ask him with respect to his state, he tells you that he feels a cold running stream from the superior part of his body (the head we suppose) into the spine of his back, and when he discharges his urine or his excrement there is sometimes an evacuation of liquid semen." "This man," continues the sage philosopher of Cos, "will be rendered incapable of propagating his species, or answering the purposes of the marriage bed, unless the healing art afford him relief.

"He is generally short-breathed, feels languid after rising in the morning, with weakness about the loins, and especially after much exercise, and sleep does not afford him the wished-for refreshment. An intermitting dimness of sight sometimes attacks him, his memory fails, and his spirits become dejected."

Hippocrates further observes, "that when this distemper continues for a length of time, it as-

sumes various appearances on the constitution, and makes other stages under different characters: if not rightly understood, it may end in an atrophy, or nervous consumption; or, perhaps, in phthisis, or consumption of the lungs, where the healing art but too often proves in vain."

There can be nothing more dreadful than the picture which Aëtius has left us of the ill effects that are produced by too great a discharge of the semen. "Young people," says he, "have the air and appearance of old age: they become pale, effeminate, benumbed, lazy, base, stupid, and even imbecile; their bodies are bent, their legs are no longer able to carry them, they have an utter distaste for every thing, are totally incapacitated, and may become paralytic." "The stomach is disordered," says Aëtius, "all the body weakened, paleness, bodily decay, and emaciation succeed, and the eyes sink into the head." These testimonies of the most respectable ancients are confirmed by innumerable modern writers. Sanctorius, who has examined with the greatest attention all the causes which influence the human body, has observed that

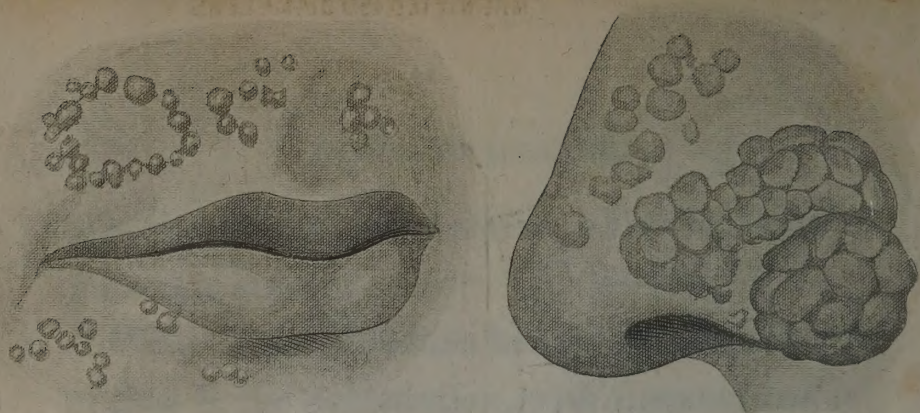
Onanism weakens the stomach, destroys digestion, obstructs that insensible perspiration, the irregularity of which produces the most fatal consequences, occasions the liver and kidneys to be overheated, causes a deposition of stone in the bladder, diminishes the natural heat, and usually occasions the loss of, or at least weakens, the sight. Lommius, in his beautiful commentaries upon the passages of Celsus, supports the testimony of that author with his own just observations. "Frequent emissions of the seed relax, dry up, weaken, enervate, and produce a crowd of evils—apoplexies, lethargies, epilepsies, faintings, the loss of sight, tremors, palsy, spasms, and every species of the most racking gout."

The description which Tulpius, that celebrated physician of Amsterdam, has left us, cannot be read without horror. "The spinal marrow does not only waste, but the body and mind both equally languish, and the man perishes a miserable victim." "Nothing," says that renowned physician, De Louvain, "weakens the stomach and abridges life so soon." Blanchard has been an eye-witness to a simple gonorrhœa,

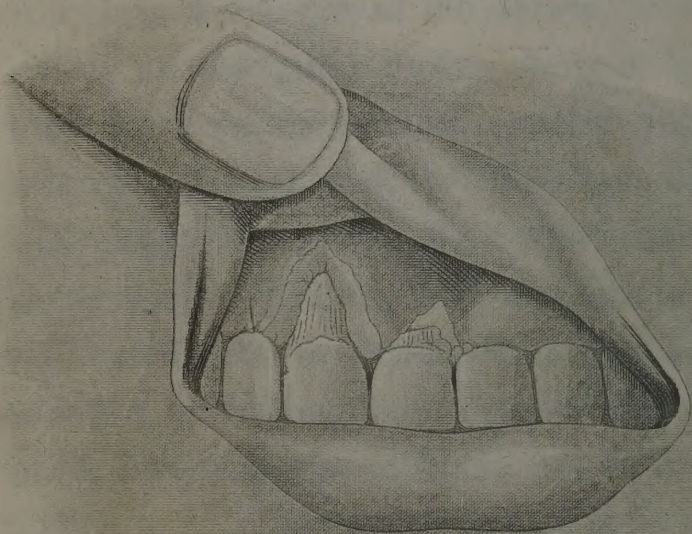
to consumptions, and dropsies, which have flowed from this source.

When *Tabes Dorsalis* has existed for a length of time in the constitution, with frequent and involuntary discharges of the semen, from ideas arising in the mind during sleep, or by unnatural practices, the seminal vesicles become so relaxed and weakened, that they have not sufficient power to retain it. By a short continuance in the seminal vesicles, it has not time to become elaborated, nor to communicate that balsamic, sedative, and strengthening quality to the nerves of the human frame, which by nature it was intended to do. Almost as fast as it is secreted from the blood, the slightest stimulus in the mind from external objects causes it to run off by its own reservoirs into the urethra; and in course of time the natural secretion of the gland through which the semen passes becomes vitiated, till at last these organs become merely a common cistern or sink to carry off involuntarily the most precious humour of the human body.

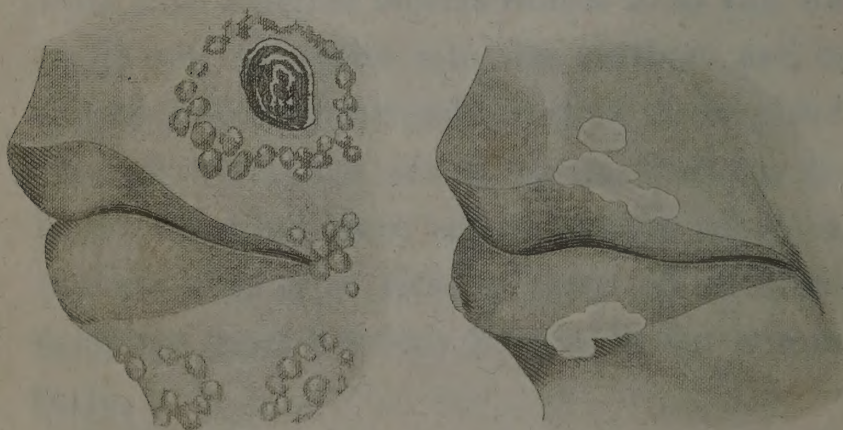
Those organs, given to the male and female of every living thing in creation as a means of



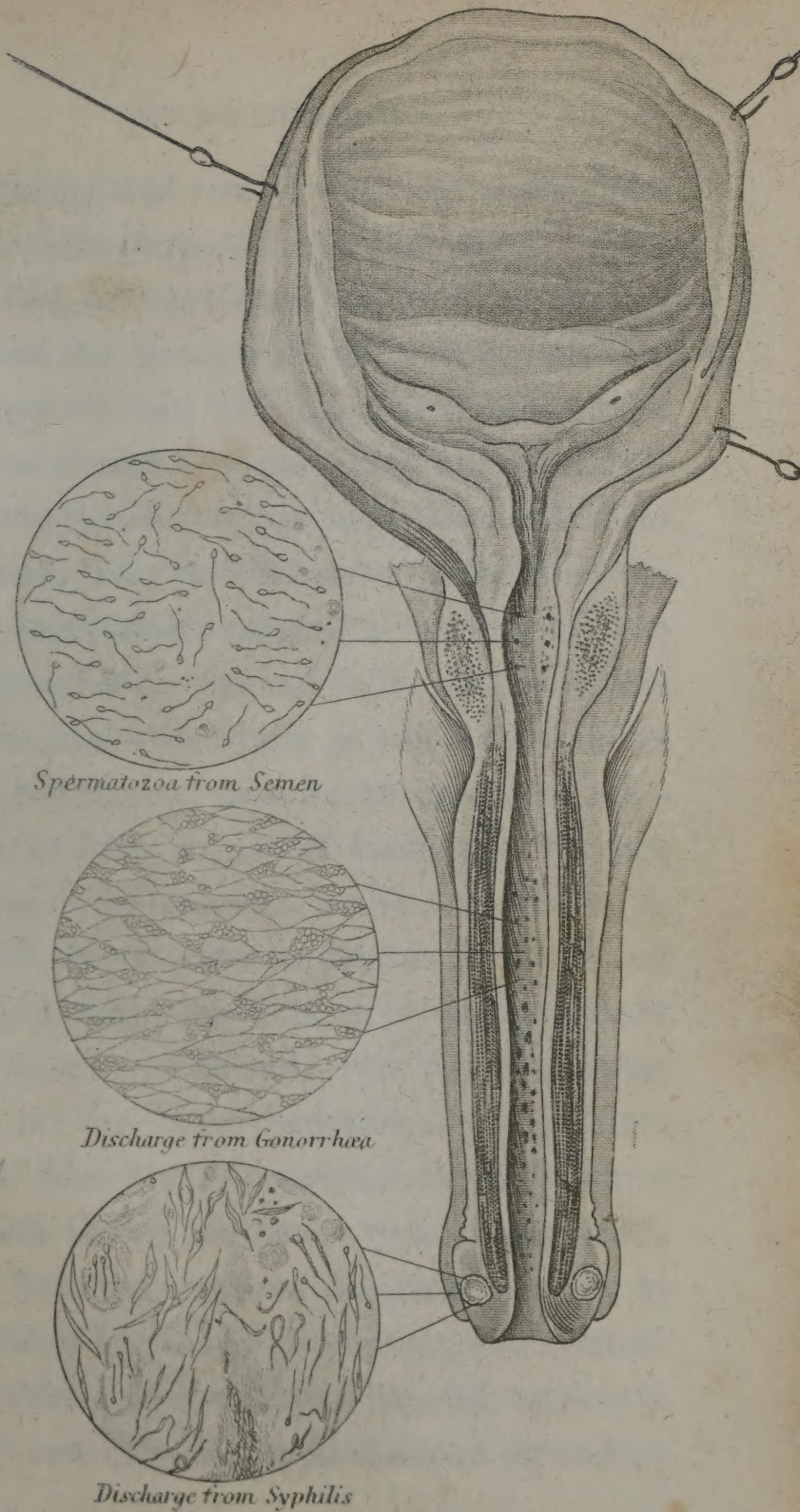
Venereal eruptions on the Face & Nose



Syphilis in the Gums caused by the improper use of Mercury



Tertiary Symptoms on the Face & Mouth.



reproducing and continuing the races, have served their purposed intention in all. Man alone has diverged from the path of nature's laws, and the brute, with its instinct only, has far surpassed man with his reasoning faculties. Man has abused and misapplied his powers, introducing that which was never intended in nature, and, like man's works (unassisted by divine perception), entailed a curse on his brethren, proof of his vice and folly. An act without a motive, and that which is still worse, an act with a bad motive, must be an unnatural act—an act of folly, an act of madness. As such only can it be classed: would that it were to end with the evil-doer in the first instance; but no, that being whom God, in his mercy, gave as an aid to man in his toil,—that creature, designated in the Holy Scripture by the word "*mind*" (the literal translation of Eve), whilst red-earth is that of Adam,—yes, woman, man's solace from the cradle to the grave, tempted by protestations, gained by deception, and retained in thralldom by tyranny, is injured by man in herself and offspring, and doomed to endless misery.

Can it be possible that man shall willingly forego that bright ray of happiness, attainable by all, the prince and the peasant, the learned and the ignorant. Shall the insane practice, the degrading action of a momentary tremor, be placed in the balance against the natural desire implanted in our nature—to love and be loved? Scripture sanctions the feeling, and makes a sacrament of the hallowed rite by marriage. Children form links to unite us still closer to each other, though without these latter man called woman, “bone of my bone, flesh of my flesh.” Our heavenly Father said, “It is not good that the man should be alone; I will make him a help meet for him;” and shall man dare to know better than his Maker that which is for his well-being. Man, fulfilling his mission, enters the marriage state, becomes a father, feels “the little strong embrace,” and sees “the modest eye that beams for him alone” in the “help” given him. Duties performed bring their consequent pleasure, and, ending life full of years, well may be it said, “Death, where is thy sting?” Is all this to be cast from us? Is man, a rational being, formed in the image of

his Creator, to be less wise than the brute "he lords it over?" Is hope, the last anchor of man on the troubled sea of life, to be lost in the depths of despair? Oh, no! the beacon of the soul is not extinguished, but darkened, and the bright edge of the cloud is still looming in the distance.

Remember, the future cannot help to bear up against the present evil. Each succeeding day adds to the load of misery; the fear of future, with its accumulating days and years, will but pile up misery; like Cain, there is a mark on the brow. Ay, think not that the face, that "index to the mind," tells not the tale of debasement. Thousand phantoms, in varied shapes of disease and death, all flock round the troubled heart and brain, pointing, with their skeleton fingers, to the heart. All the guilty sorrows are felt; fear, remorse, agony, ineffectual repentance, and the backward rush of sinful thoughts expelled in vain.

Watch the colourless face: the anxious look from languid eyes, the pallid lip, uncertain gait, speak a silent language not to be misunderstood. Even placed beyond the pale of society, and de-

nied the consolation of pity. Debilitated, spiritless, frail humanity can scarcely be recognised in the abject thing, the shadow of man. Woman has in him her greatest enemy ; and should avarice or fraud force her to a union with so lost a creature, what can her prospect be during life ? And should, by some extraordinary unlooked-for circumstance, an offspring be the fruit of so sinful a marriage, the child will become the living witness of a father's crime, to haunt, with its sickly, puny form, the source of all its woes, while she, the pure, the devoted one, granted in mercy by providence to be the guardian and preserver of the human race, will vainly endeavour, with her life's best blood, to impart strength to a weak branch from a blighted stem. In vain are nightly watchings, daily attentions, caresses, received with idiotic gaze, no pulpy lip to receive the fond mother's kiss, no laughing eye to compensate for natural and maternal tenderness. The infant, like the changeling we read of in fairy tales, bears the stamp of the father's guilt ; old, though young, dying on the threshold of existence, with the light of life too strong for its enfeebled faculties.

Can the wife "love, honour, and obey" the moral criminal for whom the law has not yet found a punishment? Is it more sinful to "prevent existence taking place," than to bring into existence one who must ever be a load to himself and others? and must woman still be linked to and cherish the author of her misery? Offended Nature answers no, and demands compensation. Not finding this, she inflicts even temporal punishment, and the debt incurred must be paid. Happy those who have it left in their power to return to their original position of society; thrice happy those who have not transgressed beyond human aid, and can yet escape that gulf, filled by a host more numerous than are embedded in the fathomless deep.

Oh! for that one remaining power, the power of daring to face some one capable of giving aid, morally and medically, to pursue the path of honest purpose: determined on seeking the only means left, a flood of hope remains. Find a friend and adviser in one of the medical profession, one qualified and competent, and the lost treasure will once more be regained.

Few secrets can escape an investigator who

has opportunity and licence to undertake such a quest, and skill to follow it up. A man burdened with such an ill should especially seek the intimacy of his physician. If the latter possess native sagacity, and a nameless something more, let us call it intuition; if he shows no intrusive egotism, nor disagreeable prominent characteristics of his own; if he have the power which must be borne with him to bring his mind into such affinity with his patients, that this last shall, unawares, have spoken what he imagines himself only to have thought; if such revelations be received without tumult, and acknowledged, not so often by an uttered sympathy as by silence, an inarticulate breath, and here and there a word, to indicate that all is understood; if to these qualifications of a confidant be joined the advantages afforded by his recognised character as a physician, then, at some inevitable moment, will the soul of the sufferer be dissolved, and flow forth in a dark but transparent stream, bringing all its mysteries to daylight.

“So numerous are the ills, both of body and mind, which the disorder of self-abuse induces, and so surely are those ills entailed upon the

subsequent life of the person who is the subject, and even his offspring, to the third and fourth generation, (if, indeed, he possess the power of propagating his species, even in the most imbecile forms,) that it becomes the duty of the medical instructor to point out its forms and relations."

Diseases are the wages of sin, and the keepers of the house tremble; the consequences are, diminished weight of wasted fabric, too much for the frail legs to support, giving way under the burthen. The temple of God, the living casket of the soul, that image, which is God's image, is wasted, destroyed, and rendered a loathsome disfigured mass, a living corpse, possessing only sufficient consciousness to be aware of its degradation; a living beacon to others on the sea of self-created troubles, lashed by the storms of passion, dying a thousand deaths, awake or asleep, whilst the wasted body bends imploringly to that earth which is so shortly to receive the victim of self-delusion and sensualism. "Remember now thy Creator in the days of thy youth, while the evil days come not, nor the years draw nigh when thou shalt say, I have no pleasure in them."

The subject has too often been improperly neglected by both instructed writers and scientific physicians, because it is one frequently involving indelicate ideas, and requiring unpleasant revelations, the due consideration of it unveiling the innate and concealed depravity of our nature. But the vice, the moral depravity, of which the disorder at first consists, soon creates for itself an actual and often incurable physical disease, a necessity for disclosure—a necessity which is not confined to the person concerned, but extended to his family and his offspring. This being the case with disorders, and their usual consequences, which involve such extensive and important considerations, should they be relinquished by the only persons who are able to investigate them aright, and to restore the mental and the physical imperfections upon which they depend?

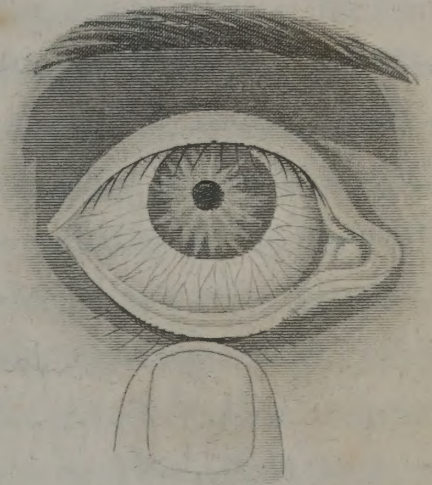
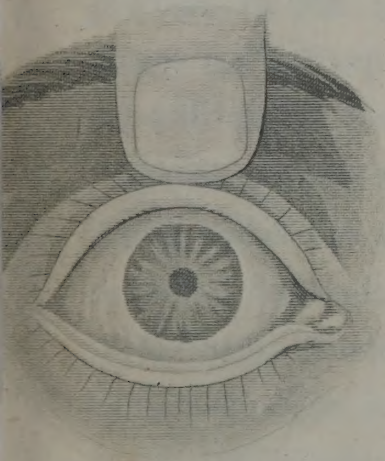
Whilst man, by self-abuse, is without those characteristics which distinguish him from the fair sex, the fair sex on the other side (from the same vice) lose that delicacy and beauty peculiar to themselves, the same cause producing to a certain extent contrary effects;—man becoming effeminate and languid, bereft



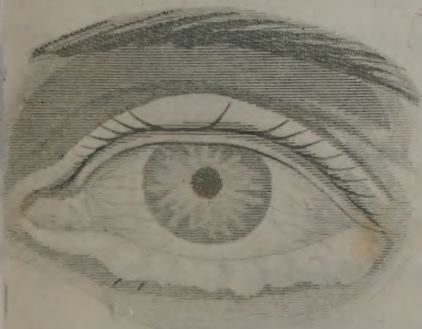
Inflammation of the Iris



Common appearance of the Eye under the Influence of Masturbation



Enlargement of the Pupil of the Eye resulting from Spermatorrhœa



Spermatorrhœal Ophthalmic



Destruction of the Pupil of the Eye

of that rich full tone of voice, whilst woman becomes masculine in the tone of her voice, and the features receive a stamp, of which the figure partakes, giving them that cast which takes away that beautiful rounded form (so well explained in the philosophy of Epicurus), and leaves only sharp angles, discernible in the face, as well as in the contour of the figure. The nervous system and digestive organs receive the greatest and most decided injury from these causes. Innumerable maladies arise, traceable to the same fearful practice, too often mistaken for cause, when in reality a consequence. Pathology daily confirms the psychological observations. Frequently there is self-evident weakening of the mental faculties: this is so much increased, as to render the most trifling occupation irksome, and more often impossible, whilst a drowsiness is felt, which insensibly leads to sleep. At first a short interval re-establishes the mental power; repeated acts, however, become indispensable to gain this result; and finally, the entire energy and faculty of thinking is lost, or so weakened as to render it unfit for any useful purpose.

The nervous susceptibility becomes very great, and even painful impressions are received: by the slightest means produced on the outward surface, mental aberration occurs, too often ending in insanity. One of the most common consequences attendant are attacks of epilepsy. Medical men are too well aware of the cause and continued action, by the repeated and aggravated symptoms observable in patients.

To the young patient it should be known, that to become strong, active, with a natural development, is attainable only by a due regard to health. Even when the powers have not been abused, there will be found in both sexes, particularly during summer, (a time of year often fatal,) several symptoms, arising from the force with which nature acts on the frame—growing-pains, weight in the head, giddiness, flushed cheeks, lassitude, palpitations of the heart, bleeding from the nose, blood-spitting, &c. The different functions are acted upon from the force with which the action is going on elsewhere. Should, during this time, any act take place interfering with the vital action, what must be the effect, when it at all times ex-

poses the patient to weakness in the joints, wasting of the body, feelings of indolence, divested of all desire for rational enjoyments, shortness of breath, difficulty of breathing, momentarily relieved by pressing the hands on the sides, the least exercise causing fatigue. Add to all this the leaden tint of the eyelids, the sallow colour of the complexion, the weakness of the pulse, plainly proving that the muscular structure has been attacked, and is rendered incapable of performing its natural offices so well as intended. Whilst these losses are going on,—whilst the fulness of the form is passing away, and the forces diminish,—the patient becomes daily more nervous and irritable, and less capable of even supporting the atmospheric changes. Eating, drinking, sleeping, produce painful, instead of pleasing sensations. Now, too, are felt symptoms of oppressiveness, palpitations, inexpressible sensations along the spine, from the back of the head downwards, in the vertebral column, cramps and chills, trembling in the joints, with many vague sensations, almost amounting to pain in all the limbs. These symptoms, becoming

graver, bring on specified diseases, such as hypochondria, hysteria, epilepsy, &c., complaints which in many cases never leave the patient. The mental faculties also suffer from the same cause; melancholy, loss of memory, tendency to suicide, insanity, and even madness. In proof of the number of men rendered insane by this practice, it may be stated, that out of twenty-three persons thus punished by the loss of reason, *three only were women.*

As regards the appetite, in some it is most voracious, digestion taking place almost immediately after eating: emaciation continues, and the food seems to pass without going through any process beneficial to the various organs of the system.

Let me add to this, symptoms which are complained of by the patients themselves—

Weakness in all the intellectual faculties, loss of memory, confusion of ideas, with aberration of mind, continuous inward tremor, anguish, an unusual fear of acts committed considered as crimes, the conscience being in a constant state of anxiety, causing sighs, and even tears, swimming and giddiness in the head; sight and hearing

becoming less good than usual; during sleep, fearful dreams, waking in awe, and even screaming; the strength of the body lessening each day, absence of sleep, and also continuous drowsy feeling, almost lethargic, fainting, hysterics, spitting up of calculous matter, cough, slow fevers, and consumption.

Passing and continued pains: one has headache, another pains in the chest, arms, loins, and intestines, stomach, and more particularly in the bowels, and pains felt on all parts of the body on the slightest pressure. Pimples on the skin of the face is one of the most common symptoms complained of, whilst the dilated pupil of the eye is also strong evidence of the practice. Some have suppurating pustules in the nose, on the chest and thighs, with violent itching, difficulty in voiding the urine, narrowing of the passage, &c. The intestines also become diseased, violent constipations take place, at other times diarrhœa, piles, &c. The mind can scarcely conceive the many dire feelings, pains, and diseases entailed by this unnecessary, irreligious, and insane act. Can we believe in the reasoning faculties of such a man? When we consider that "the ills which

the flesh is heir to " are manifold, is it not beyond all reason to bring on voluntarily another chain of ills, surpassing by far all those already in nature. When a great moral law is broken, as a consequence, disorder must take place: this is but too manifest in our daily observations. But what are descriptions, however graphic and vivid, to the actual sight of man lying prostrate on a bed, from which he will be removed only to be carried to his last resting-place, and that at an age when every joy heaven grants seemed a foretaste of the happy future. At an age when vicissitudes of common life had not yet hardened the heart, nor blunted the fine edge of feeling; at an age when the sunshine of youth gilded every spot, when hope, young and cheerful, held out the most fanciful and happy pictures,—at such an age, bereft of all the dear relatives and friends, a guileless heart lives, perhaps, to weep over the remains of the victim, dead by an act as suicidal as he who has recourse to the poisoned cup. Would that the lesson could be taught at the bedside of the withering form, and then the sermon would be read without a spoken word.

There is one other circumstance attending upon

the dangerous practice of Onanism, which causes an immense difference from excess in female intercourse. NATURE DISTINCTLY POINTS OUT THE ANSWER AND THE WANT, BE IT PRODUCED BY ITS OWN DESIRE, OR BY ARTIFICIAL MEANS. This desire once gratified, the organ loses its former position, and shows the object fulfilled: but how different in the masturbator! The excitement is continued, and the power nature had given for an indication of her desire is here lost sight of and scorned. The action is continued until the unusual and unnatural demands drain the constitution from its very essence of life, for an incomplete and solitary gratification, unshared by another, sinful and joyless, and harbinger of future woes.

This fearful practice has caused more deaths than small-pox and consumption; indeed, their number can never be known, since the loss of lives attributed to many diseases has its cause in *Onanism*, and *Onanism* only. The brute creation are free from that which destroys their "lord and master." Were man to follow the instinct of his nature, and not that desire produced by his vitiated imagination, how richly

would he be repaid by a joyous youth, a vigorous manhood, and a peaceful old age. Then might he, as expressed by the poet—

“Like ripe fruit drop into his mother’s lap,
Not rudely pluck’d.”

Providence, however, has placed with the poison its antidote, and with the disease its curative means.

How shall this catalogue of ills be ended? Can the pen cease to write the warnings? Can the tongue be still in so sacred a cause? Are mothers to be deprived of their sons, wives of their husbands, sisters of their brothers, and shall man, proud man (who boasts this realm his own) be too weak to seek his own good, and reject health for illness, and happiness for misery? No, let reason, guided by religion, aid the wanderer from the path of death; let him seek that advice from those whose knowledge can give him benefit, and let prayer aid him to ask for strength to combat an evil, over which *One* has already judged, and made the penalty death.*

* *Vide* thirty-eighth chapter of Genesis.

“The constant association of sexual disorder, and more or less of generative incapacity, with mental derangement, whether cause or effect, is a remarkable fact, and one which appears not generally known, yet it will be found that every insane individual, whether male or female, is at the same time also suffering from some sort of procreative disability, defect, or disorder, either impotency, sterility, or both, and the removal of the one affection would often seem to prove immediately curative of the other.” This fact is fully corroborated. The urine of the majority of the males suffering from insanity has been found, on examination, to contain spermatozoa.

Thus the close connexion between spermatorrhœa and insanity may be said to be well established, without any reasonable doubt.

How many are there who, unaware of the cause of their disease, have given way to the habit, acquired, perhaps, at school, or from some accidental pleasurable sensation produced by manipulation. They will take to this fearful vice, and grow up, unaware that they are even committing a sin. Satisfied they are

not transgressing by coition, they will continue the practice, and even die, without a knowledge of their guilt. At first, when the effects of the cause were taking place, might be observed a gradual change in the figure, stooping in the gait, the shoulders rounded and falling on the chest, sharpened features, haggard look, and colourless cheeks. Many perceived a change, and remarks were made to relatives and friends, the sufferer even participating in the feeling, though unconscious of the cause. This having been observed, without in the slightest manner knowing the cause, the disease is allowed to progress till the effects only are treated. A medical man is called in (more often the family doctor), one who has, perchance, known the subject of sorrow from a child; one, indeed, whose opinion would be far from crediting the assertion, if made even by a friend, that the patient could be guilty of such an act. A gradual decay takes place, from no visible cause, and the idea is becoming prevalent that the patient is going into a decline. Remedies are administered which fail in their turn, then others are employed, till at last the

victim sinks under his malady ; and, as in too many instances, *ignorance of a cause condemns to the grave one whom a knowledge of self might have saved.*

What has this fellow-creature not been made to undergo ? What a series of ills might have been checked by a single examination of the urine ? Let a few of the last felt symptoms be mentioned. Nervous trepidations, violent palpitations of the heart, cough, first at night, then increasing, and causing him to have no rest either night or day. Phlegm made its appearance, first frothy and mucous, then greenish, next yellowish, and, at last, blood !

“Facts are stubborn things.” This axiom gives us the following positive knowledge. So all-important to the human frame is moderation, even in its usual and legitimate intercourse, and so great is the necessity of even moderating our very feelings, at certain moments, that we have proofs, by referring to the bills of mortality, that the duration of life is longer in woman than man, though the former is exposed to so many more risks, principally during pregnancy. That modesty and reserve inherent

to the sex, and, to a certain extent, shared by the animal creation, tends not only to health, but to longevity, sparing the female sex a variety of diseases. The truth of this statement will be found in this, that though woman, when debased by misfortune or ignorance, can do with impunity that which were to man *impossible*,—woman throughout remains passive; man, on the contrary, active. Young girls, by their social position, or from circumstances, not marrying, remain virtuous even in thought, the very exceptions proving the rule; whilst the opposite sex at once enter upon every scene of debauchery, proud of that which in reality tends to their disgrace; and, once morally degraded, ultimately receive their punishment in debility, disease, and premature death. How many are there of the female sex whose innate chastity is so great as to find but little pleasure even in the intercourse of their husbands, not from want of love, but from love of virtue; and yet, it is not a bar to fulfilling their mission—that of becoming mothers. On the contrary, the progeny is more often found greater where the female is that which is

termed cold, than where she bears a name designating the contrary. Were a number of young men to undergo the fatigue of those unfortunate creatures that are ever to be met with, debased by man's incontinence, brief space would be required to lessen the growing evil; but, by indifference, absence of all excitement and qualities given by nature, women are enabled to continue a mode of life seemingly in direct opposition to the laws of nature.

It is not unusual for one who has entered on the double path of vice—self-abuse and illegitimate intercourse—to believe he will escape because he continues a certain mode of life without feeling certain ill effects, whilst another at once succumbs. It is a most wonderful circumstance that there is nothing to guide us in the knowledge as to who can, or cannot, withstand these repeated acts. Subjects, the same in health, age, and form, pursuing the same mode of life, will be very differently acted upon. And this leads to the conclusion, *that safety cannot be found in health, constitution, mode of living, or climate*; and those who *once enter upon* this fearful road must abide the *consequences*

attendant upon the *committal of acts as wicked as insane, certain of destroying both body and soul, and even preparing misery for others, though yet unborn.*

The most usual symptoms which take place at first are, weakness in the digestive organs, attended with loss of appetite, irregular, or voracious, also sharp pains taking place during the time of digestion; to which may be added, vomiting, which resists all remedies (if the practice be continued). General weakness of the respiratory organs takes place, followed by dry cough, hoarseness, weakness of the voice, and want of breath after the least violent exertion, followed by a total prostration of the nervous system.

Too often are those unfortunate and vicious practices thought little of, because they find few suffering who are known, like themselves, to be guilty. The fact is, that the diseases consequent on these acts, being so numerous and varied, are ever ascribed to other causes. He who is pursuing this vile habit hears of complaints, and yet thinks it cannot be the effect of the primary evil. Whatever pain is felt, whatever illness

attacks, the one great and only cause is not made chargeable. Too often does the medical man treat the consequences of this complaint, quite losing sight of the cause, at times even discrediting the supposition, when suggested by some one more intimately acquainted with the patient's private habits.

How many are there who spend their time transgressing, and, whilst ill-doing, satisfied they are leading a life of purity and virtue. I may here give a short account of one who I trust is now enjoying the benefit received by an open and honest confession. Should this meet the eye of the unwitting offender, let me congratulate him on his victory, and hope the future may be as bright as his ardent imagination portrayed.

The subject of the present case was born in North Wales; he studied hard, under the joint care of his father and tutor, and having, at the age of fifteen, mastered the Latin, some works in that language were accidentally placed in his hands, not suited to his tone of mind, filled with descriptions of a very licentious nature. An ardent disposition, together with a degree of thoughtfulness unusual at his age, gave him

the manners and appearance of being much older. About this period he became a slave to this baneful practice; and having done so in moderation, felt not those severe consequences mentioned where it is practised to a greater extent. Lassitude, headaches, diarrhœa, were all treated and ascribed in his hearing, and discussed, as depending upon hard study and a too moderate mode of living, not suited to his constitution. The practice having been discontinued, and the disease not having taken a too firm hold, he felt better after some short time. Thus did he go on till he attained the age of thirty, when a positive nervous illness confined him to his bed. An old friend of his father, who had been several times to India, and had seen the consequences of some of these cases, at once bluntly asked him if he had ever committed himself in a certain way. The sudden colour which rose to his cheeks and brow, together with the momentary hesitation, were sufficient proofs of the fact existing. The patient hid his face, burst into tears, and at once seeing the cause, till then unknown, of all his pains and sufferings, became affected

to such a degree as to render him scarcely reasonable. The old gentleman, seeing at once all the delicacy attending upon the position, reasoned, advised, argued, and at last was gratified to find a willing and grateful listener to the plans proposed. Another medical man was proposed to attend. I was engaged, and having been made acquainted with all the circumstances here related, I had the satisfaction, after a course of treatment which was strictly followed, to restore to health and hope one who has since shown a gratitude far beyond my most sanguine wishes. Eighteen months after he was engaged to a lady who I feel sure will have found one capable of appreciating each kind action, whilst willing to reciprocate to the utmost every feeling of love and friendship.

It has ever been a source of anxiety to me, that the certainty of such a practice being in existence at the time of visiting a patient cannot be arrived at without incurring charges as unjust as unfounded. The medical man is called at a stage of the disease when complicated maladies have supervened, and the first cause is lost amid their number. The treatment pur-

sued may be found ineffective, and the malady rendered longer, and uncertain as to its termination, from the want of one word or hint as to its cause.

If the usual legitimate intercourse be of such importance as to require a due attention as regards age, what must be the consequence of self-abuse at a period when the body has not even arrived at its proper growth. In order to investigate this subject the following will be interesting:—

Man at his birth weighs but as 5 parts to the 100; by the time he has attained his tenth year he will have increased 60 to the 100. At sixteen there will still be wanting a fifth, and at eighteen, one-tenth. His growth is nearly completed at twenty, though he may still be short of the full weight, since there are some who gain even until thirty years of age.

The legislators have one and all felt it their duty to fix a proper season for marriage, in order to obtain a strong and healthy population. The variations observable are owing to the climates and people: to insure the desideratum, they were ever guarded in framing their

laws. Thus Lycurgus ordained that men should not marry before the age of 37; whilst Plato enacted that any child born from a woman under 20 and a man under 30 should be considered as infamous, or be slighted, and reckoned unworthy of respect. Rousseau remarked, that up to 20 the frame of man grows, or increases, and thus requires all his native vigour. Nature thus may be said to insist upon continence, and when this is not pursued, the constitution must suffer. In examining the laws of nature, it will be found that the brute creation do not copulate till they have arrived at full maturity; indeed, where the exceptions are found, it will be owing to the civilization of man, since, had they been left in their primitive state, in order to obtain the female, combats must take place between the males, requiring the full development of all their muscles to insure possession. Those who breed horses know too well the value of waiting the proper time. It is, however, useless to go farther in this matter. Daily observation, the writings of all those who mention the subject, are more than sufficient to prove the dangers attendant

upon too early giving way to the fancies of the mind, producing precocious desires; and though unfortunately there are many who follow the dictates of their passions at all ages, yet its greatest danger is in youth, when the foundation is laid for a good old age. Many terrible and afflicting diseases are the consequences of early intercourse, or of that which is still worse, the baneful self-debasing practice so often alluded to in these pages. If there be a time when even legitimate intercourse would be injurious, there is also a time when, so far from being productive of ills, it may become beneficial to the human frame—(always taking into consideration that use and abuse are two very different things: whatever be the subject, all are open to degrees.) Thus, one man, by abstaining throughout the whole course of his life (if in the enjoyment of health), would be the extreme of the one who, having but one idea, allows the same to weaken his mind and frame. Both would be wrong, whilst the true medium would be the one likely to carry out the views of a wise Providence. “Extremes meet,” and all extremes are bad; consequently the proper

period would be when man had arrived at full maturity, that period given for the propagation of the race. This is fully demonstrated by the microscopical signs in looking for the spermatic animalculæ.

This test is so certain, that it becomes visible to the eye (where the microscope has sufficient power), and enables the practitioner at once to satisfy the patient. Doubts are laid aside, the proofs can be established, and thus a decided answer can be given, which, without the aid mentioned, might cause mistakes from which most serious consequences would ensue.

GALVANISM.

It is gratifying and satisfactory to be enabled to state that the progress of science has developed and brought to perfection a very great therapeutic agent in galvanism; and from the numerous diseases which have been cured by its means, it should be the duty of every medical man to enforce its use where its well-known power can alleviate the ills of the suffering. It is not offered as a remedy for all diseases, but

it is known to possess extraordinary powers, which are found invaluable when employed alone, and also in combination with other remedies.

There cannot be any doubt that if the battery be of such a kind as to produce but one amount of force, it would be like giving a medicine in the same quantity and component parts to all, becoming thus too strong for one, or too weak for another. But when the battery can be regulated so as at one time to produce an almost imperceptible transmission of fluid, and at other times an increased action, there is certainty as to the results. Its power on the brain and spinal marrow is direct, and suited to their fine and complicated structure. An amount of electricity can be transmitted which will replace the loss of nervous fluid, so highly necessary to the highest class of beings in the scale of creation. Where tonics would have to be employed which at times are too strong for the stomach or nerves, galvanism at once is found a sure and safe remedy. There can be no doubt that an indiscriminate use of this power on all subjects, and

at all times, might render abortive the object in view; but its moderate use under certain circumstances, and at proper seasons, cannot fail in effecting cures incapable of being effected by medicine alone. The following will give some idea of its power on the human frame.

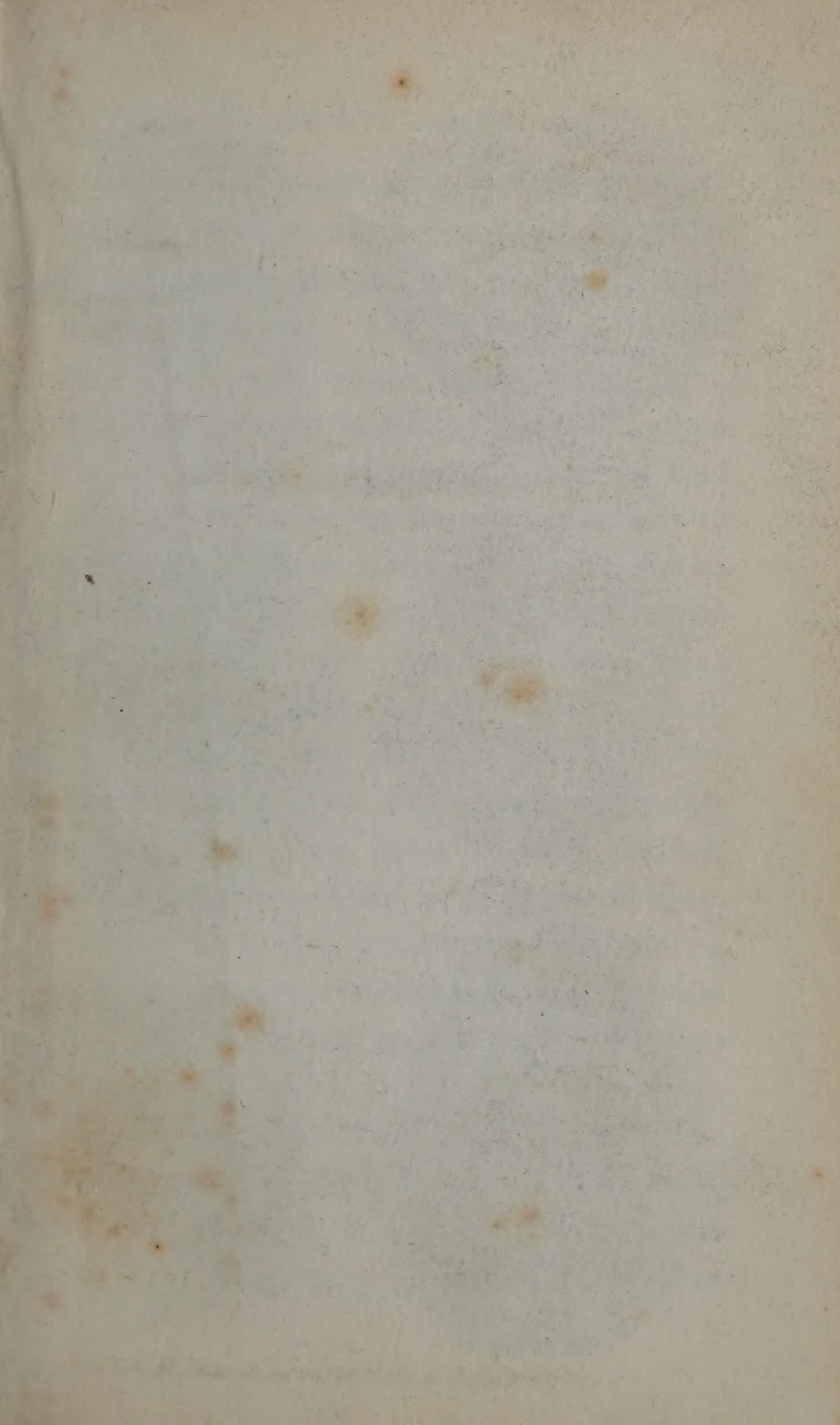
In relieving the patient from mercury, taken under treatment, and has been productive of its usual baneful consequences. Symptoms produced on the frame from having become charged with metallic poisons from accident, or where the profession or occupation has been the cause. Where nervous power became weakened, or where a total loss had taken place, from masturbation or sexual intercourse. Also where want of power exists, originating in continued continence, often terminating in impotency. Also where the erotic powers having remained dormant, old age had arrived, and from some legitimate desire, a restoration of vigour was required. In all these the action of galvanism has proved highly useful in the hands of the careful and skilful medical man. Many patients have vainly

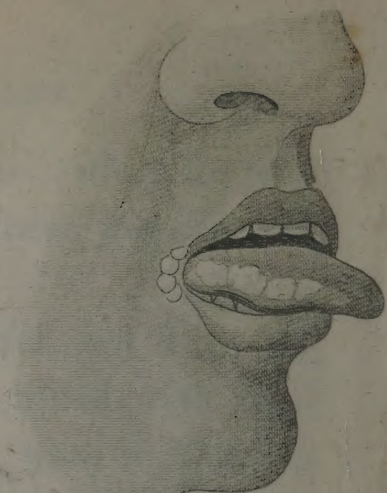
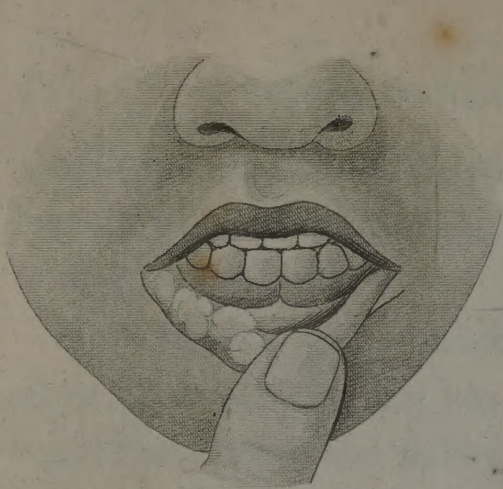
sought and tried other remedies without the least benefit, when galvanism has been had recourse to most successfully.

How sudden and wonderful have been the cases in which a patient has called, with muscular fibres weak and flabby, who, after having had the galvanic power tested, returned with a strength of muscle almost incredible, though only the consequence of a very natural cause, as may have been observed by those who have tried the experiment at periods in health, simply as an amusement whilst visiting some scientific private or public place of amusement.

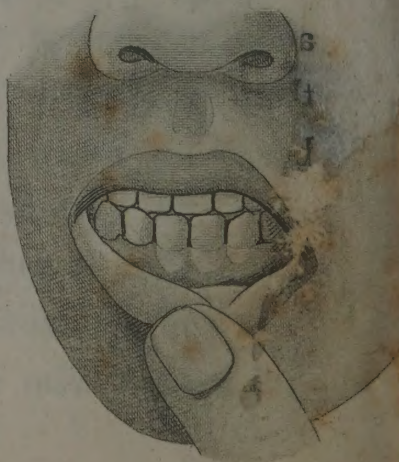
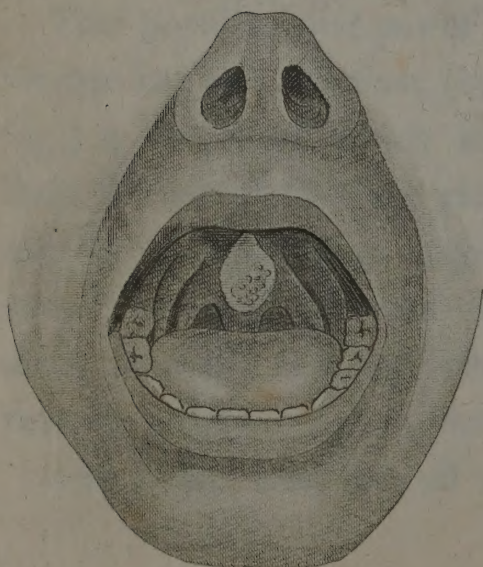
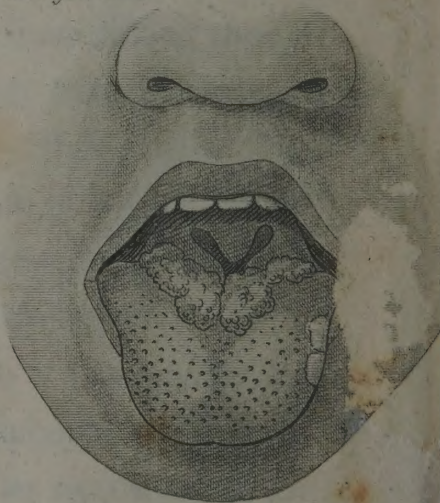
In gonorrhœal rheumatism it has eradicated the disease when all other remedies had failed.

That peculiar vital power so necessary to existence has in galvanism, (comparatively speaking,) a substitute which may be transmitted from the battery to those parts of the frame requiring strengthening. Again, where the vital power has been lessened by disease or self-abuse in either sex, the influence of galvanism restores pristine vigour, the stomach acquires tone it has lost, and all the other organs in





Venereal Ulcers on the Lip Tongue, Mouth and Nose.



Destruction of the Palate & Gums, through Syphilis.

general, together with the nerves, muscles, &c., undergo a change, which gives back that power to the frame so desirable and necessary for the happiness of man. Let the reader for a moment look upon steam as an active agent, whose power sets in motion vast bodies, from its peculiar force and properties; so the fluid produced by galvanism imparts an activity to the human body, and gives an impetus which produces the best effects. Where just powers are imparted, it will render the organs equal to the task assigned, causing not only movement, but increased action, which, being of a healthy nature, gives the stomach the facility of digestion. The blood becomes purified, whilst the brain, being properly acted upon, regains its strength, lost functions are restored, and the intimate connection existing between the mind and matter is productive of the most beneficial effects.

Galvanism comes to the aid of man in the present artificial state of society, and we are at once rendered sure of a means by which that vitality (lost in the every-day existence) may

be regenerated, and old age may even look forward to a vigour often unknown in youth.

For advice, the usual Fee of £1 must be sent direct to the author, at his establishment, directed

MEDICUS,

19, BERNERS STREET, OXFORD STREET, LONDON,
NEXT DOOR TO THE FOREIGN LIBRARY.

To those residing at a distance, or who, from circumstances, find it utterly impossible to avail themselves of the advantages derivable from a single interview, on a full and minute statement of the case, together with a remittance of £5, medicine will be forwarded, prepared expressly to suit the peculiarities of each special disease. They must at the same time send a two-ounce flat bottle, containing the urine, *securely corked and sealed*, packed carefully in wool (*to prevent breaking*), in a seidlitz box, which, with the flat bottle, can be obtained from any druggist. The parcel to be addressed thus—

CARRIAGE PAID.

MEDICUS,

19, BERNERS STREET, OXFORD STREET, LONDON.

[Every expedient is adopted by the author to

ensure the most inviolable secrecy, so desirable to the patient. Many correspondents have a decided objection to Post-Office Orders made payable to any known name in a provincial town where they reside ; it is therefore left to the patients to have them drawn in favour of any Christian and surname they may fancy, at the same time acquainting Medicus, to whom the Order is made payable.

For the convenience of patients RESIDING IN REMOTE PARTS OF EUROPE, AMERICA, OR THE EAST OR WEST INDIES AND AUSTRALIA, £10 and £20 cases of MEDICINE are prepared, so that there may not be any intermission in taking the same, where perseverance is absolutely necessary.

As it frequently happens that there are peculiarities in certain cases, which require a different treatment, MEDICUS wishes to impress on the mind of the patient the importance (where an interview is impossible), of having the urine tested by means of the Microscope. It will, therefore, be advisable to send a small flask securely packed in a basket, at the same time enclosing a bank-note or bill on a London house for £10 or £20, in order to have a packet

of medicine sent out by the next mail, which would, in all probability, be sufficient to meet the exigencies of all cases. By thus acting a considerable delay is saved; whereas, by writing for advice, a period of five or six months is lost in correspondence before the proper remedies can be forwarded, and in this period the patients get rapidly worse, so as frequently to render all attempts at restoration perfectly abortive.

Parcels, securely packed, and protected from observation, forwarded to any part of the world.

The following questions should be answered as minutely and clearly as possible, to which may be added any subject not mentioned in the printed form, together with a flat bottle, capable of containing from one to two ounces, filled with the urine of the patient, the urine to be that which is voided on rising in the morning, in order to have it as pure as possible, and enable the chemical and microscopical analysis to be performed with greater certainty, especially as regards the seminal fluid and spermatozoa.

The bottle, with its contents, should then be stopped and hermetically sealed, so as to prevent

the least evaporation or change sometimes produced by the action of the air ; it should then be wrapped up in wool, or wash-leather, to prevent breaking, and if placed in a case its safety will be further ensured, since at times delay may be dangerous to the sender. This must be accompanied by £1, which will entitle patients to advice and testing of the contents of the bottle by the lately improved microscope.

Post-Office Orders may be made payable to William Medicus, Post Office, Old Cavendish Street, London ; or any other name, by duly giving notice.

The questions are placed under the head of letters, so as to give less trouble to the patients in writing, and thus prevent unnecessary trouble :—

A. What age, and if gaining or losing flesh.

B. What temperament, nervous, bilious, sanguine, or lymphatic.

C. Describe mode of living, whether temperate or free.

D. Married or single. If married, age of wife, and her state of health.

E. State of bowels, regular, constipated, or

relaxed; also colour of tongue on rising in the morning; general state of appetite. Be particular in stating the number of times urine is voided in the four and twenty hours.

F. Describe mental affections and bodily ailments, such as pains, and appearances of the skin as regards pimples, &c., and if subject to perspiring awake or during sleep.

G. If any hereditary complaint exists in the family, transmitted by the male or female line.

H. Habits, occupation, position in life, and if, in consequence, sedentary or out-door living be pursued.

I. State if attacked by any venereal disease previous to the present one.

J. General answers as to the temper, whether cheerful, irritable, gloomy, &c.

N.B.—It is highly important that the whole or part of these questions be answered as explicitly as possible, in order that a speedy and permanent cure may be effected.

It need scarcely be mentioned, that the advantages to be gained by a personal interview would be sufficient to warrant any sacrifice on the part of a patient, since many subjects may

be elicited which the medical man can fathom at once by the diagnosis of the case. A disease must be known before it can be cured, and consequences be foreseen in order to be avoided. A few days should be spent on an object of such vital importance. There is scarcely one man, whose position is above that of a daily labourer, who has not one part of the year for his annual holiday, which is too often made for the mere change of air, time, and money: these are lavished with unsparing hand; and shall he who is suffering from a malady which is secretly but surely undermining his constitution, be chary of a few days, in order to gain the assurance of his true position, with the certainty of a happy termination to his disease. Shall man refuse to accept the advantages and inventions the present era affords him, and blindly await the coming evil? If such a suicidal act be his, he may depend on the malady having made a serious inroad on his reasoning faculties; and it will be well to take the advice here offered, and at once consult one, who, having made this peculiar branch his study, in order to prove to him the folly and sin of delay whilst giving him

the means of health and consequent happiness. The advantage of one interview will be all that is required, and this one may prove (as it has done in many other cases), the crisis of a man's life, the turning-point of his existence; and, where all is to be gained, the loss of that opportunity may not be risked, to become ever a source of regret, when found, from the ravages of the malady, to be too late. One happy moment, one last solid determination, the case fully explained, and a life's folly may be effaced by an open confession; whilst the oppressed and timid will leave, freed from a weight by an assurance given by one pledged to a sacred duty, and thus restore "the lost sheep to the fold." Should it, however, not be practicable, from distance, or other circumstances, recourse must be had to correspondence, when the case will receive the most mature consideration and the greatest attention, in order to effect the desired object.

The hours of attendance are daily from 11 to 2, and from 6 to 8. Sundays from 11 to 2.

Address, 19, Berners Street, Oxford Street, W.

A few remarks will here be made on the ne-

cessity of those residing in or returning from the colonies, whose constitution may require attention both in health and disease.

Man, gifted by nature beyond all other creatures, has, in addition, the capability of being enabled to exist in every climate, the blood retaining an equal temperature, be it in the interior of Africa or amid the frozen regions of the North, whilst his constitution is proof against sudden transitions from heat to cold, or cold to heat.

There are, however, many outward circumstances which may have an influence on the human frame, owing, in a great measure, to former habits continued, when cessation would have been necessary. It is thus found that those born in this our native country, the geographical position of which enables its inhabitants to enjoy the advantages derived from the bracing qualities of the atmosphere, who on their arrival in the colonies become languid and enervated, losing, in a great measure, that energy so highly and justly estimated. That the continued and intense heat affects and enlarges the liver is a fact so self-evident, that it will only be required to call the attention of the reader

to the well-known delicacy sold under the name of "*fois gras de Lyon*," (*i. e.* fat liver of Lyons).* The manner in which this article is prepared will be given, in order to show the analogy existing as regards the effect the Indian climate produces on the human frame. (The following process is a disgrace to the civilized era of the 19th century.) Geese are kept closely confined before a large fire, railed in so as to prevent escape, when, in order to assuage the burning thirst with which they are pained, they seek relief in drinking vinegar, which is the only beverage placed within their reach. Their torture is continued until exhausted nature, unable to sustain further infliction, sinks under the continuous pangs, and death terminates the delicacy for the "*bonne bouche du gourmand*." It will be easy to see the effect a burning sun must have on those who are unaccustomed to such an unusual heat, more especially when attire perfectly at variance with the climate is continued, and exercises adhered to injurious even to the natives. Unfortunately the liver is not the

* The preparation, in reality, consists of *diseased livers of geese*.

only part affected. The nervous system shares in the ills produced, and many find themselves afflicted with all the symptoms so often mentioned in this work caused by self-abuse, when, in reality, suffering from the depressing effect of the climate. The relaxed state of the system requires invigorating medicines to restore the daily losses sustained, and unless a due equilibrium be established, complete prostration must take place. I have in all cases found, that by the prescribed use of the bath, according to the strength of the patient, together with galvanism, the medicines have acted with increased power, and the results have been most satisfactory.

The plentiful use of water cannot be too much attended to, both as regards cleanliness and its hygeian properties. Where cold cannot be made use of, let warm be employed, but its absence from any part of the frame must ultimately be injurious.

The wondrous structure of the skin, with its pores and absorbents, receives additional nourishment and strength from that great power which caused the ancients to make the sea the birthplace of Venus, thereby implying, alle-

gorically, that the productive power emanated from water.

It will be advisable, both to the residents abroad and those returning to this country, to place themselves for a few weeks under judicious treatment, in order to watch any symptoms which may tend to show that there is some slight constitutional change taking place ; when, by an early attention to the subject, proper remedies will afford re-establishment to health, and knowledge on this point prevent consequences as complex as dangerous, which may be avoided by seeking the necessary information to be acquired by a personal visit or letter, the latter means being employed where the former is impossible.

PREVENTIVE LOTION.

The following very valuable lotion, carefully made use of, will in general enable any one to have connection without any reason to dread the consequences, if applied immediately after coition.

<i>Hyd. oxymur.</i>		$\frac{1}{2}$ drachm,
<i>Acid. mur.</i>		20 drops,
<i>Sp. vin. rect.</i>		$\frac{1}{2}$ ounce,
<i>Ol. lavend. ext.</i>		2 drops,
<i>Aquæ distill.</i>		1 quart.

DIRECTIONS FOR USING THE LOTION.

At any time within seven hours after intercourse with a suspected person (but the sooner the better), urinate, and, after wiping the parts, pour as much of the specific into a small cup or glass as will cover the same; then, having drawn back the foreskin as far as it will go, immerse the parts in the liquid, and let them remain so for THREE MINUTES; then, dry, and immerse them again for three minutes. Having followed these directions, you may depend that you are safe from infection from the venereal disease, even in its worst and most virulent stages.

It must be particularly remembered, that if the specific is delayed for six or seven hours, it is indispensably necessary that the parts should remain immersed in the liquid for three minutes each time to insure safety; but if used immediately, or within one hour after connection, one minute will be sufficient for each immersion.

Although, in the above directions, seven hours is the utmost time specified to ensure safety to every one, yet there is no doubt that in some consti-

tutions a much longer time may elapse before the venereal virus is taken up by the absorbent vessels, so that it would be wise to use the specific, even if it be delayed for upwards of twelve hours, as it cannot possibly do any harm ; though its success, if delayed so long, will not be insured.

Before giving to the reader a few cases, selected indiscriminately from the many, it will be necessary to remark that the names and addresses have been purposely omitted, though the style and composition have been left as taken from the originals, the object in view being to show the varied forms in which the fatal vice and disease act. The letters have been transcribed verbatim, and where dots appear, they merely describe such acts as might perchance be read without being either necessary or useful.

No. 1.

Case of F. G.

“ I am nineteen years of age ; sober and temperate, and scarcely ever drink wine, whiskey, or

any exciting liquor. I had but once intercourse with one of the female sex, which was about four months ago, after which I have a sad habit of exciting myself I intend to use all my exertions to leave off doing so, though I find it a very hard matter, the habit being almost confirmed.

“ The first thing I observed on my was a spot which came on the side of it, having the appearance of a large pimple that was ripe and ready to burst ; but that is gone off, and left a little redness. About three weeks ago I felt now and then a slight inclination to void my urine, and, when I did so, had scarcely any ; and after a while I got worse, indeed, so bad, that at times I could not keep it ; and whilst doing so, I felt a tickling hot pain, particularly about the mouth of the canal, and the desire to cause my urine to flow would increase every day, as also the pain. Having taken a medicine which was recommended to me, I injected some, and I regret to say it has done me more harm than good, for I perceive I have a great running of a slightly greyish thick stuff, which has a very disagreeable smell : it did not do so before.

“The outward appearance of the parts show no marks of disease, at least so far as I can perceive. My chest has a few small spots, as also my chin and sides of my temples.

“My present symptoms consist of pain at the mouth of the part when passing water, and great discharge, lowness of spirits, and want to sleep. . . .”

No. 2.

Mr. E. P. writes as follows:—

“I am one of those unfortunate men who has ruined what was in early youth a remarkably robust constitution, by giving way to my accursed self-gratification, which habit I acquired at school when only about 12 years of age, and continued sometimes as often as five and six times a week, until I was nearly 22, which was about a year ago, when, having met with your valuable work, its contents alarmed me, and opened my eyes to my ill-doings.

“My mind and body are frightfully weakened, owing to my excessive nervousness, want of perception, and almost total loss of memory,

with absence of mind and general debility. I am unable to discharge the requirements of business with satisfaction ; indeed, unless speedily relieved, I fear I shall not be fit for any business at all.

“I am rather tall of stature, pale, and thin, especially about my limbs, although I eat heartily of plain good food. My hands tremble, from being so awfully nervous, and the slightest excitement in business matters renders me a perfect fool, unable to do any thing with correctness and precision. [Here follows an account of an interview with one of the opposite sex, wherein the writer finds himself unable to perform certain duties.]

“I have slight emissions when straining at stool ; I have also nocturnal ones every week ; if, however, in the company of women, I have them two or three times a-week. I cannot expel my water with any thing like the force I could at one time. I have slight pain in the parts. I trust, with your kind assistance, my physical and mental powers may be regained. My present dulness, compared with the aptness with which I worked at school, is something fearful. I feel

totally unable to Five years ago I committed the greatest error of my life, in giving way to the act of self-pollution, and continuing it more or less for two years, about which time I contracted gonorrhœa, followed by swollen testicles, this being the first attack of disease I had suffered. Having had your work lent to me by a friend saved by you, Mr. ——— I called on a medical man in our town, vainly thinking he might be the means of restoring me to health. He treated me for gonorrhœa and swollen testicles. Since then I have had several bottles of medicine, but, I regret to say, without any benefit. I have consequently determined to place myself under your care, and hope you will be as successful with me as you were with Mr. ———, who from the first was anxious that I should be treated by you. In the first place, my left testicle is still wrong, reduced in size, soft, and very tender. I have also a dull pain all down the thigh and calf of my leg, varying according to the amount of exercise I take; my penis is always more or less inflamed, shrivelled, and tender, particularly the foreskin, which looks angry, and seems

to have left its original position close to the glands of the penis: after sponging with cold water, upon drawing it forward over the neck, it seems to turn under, causing for some time an uneasy feeling. During evacuation semen escapes, but not as yet to any great extent. My health is any thing but bad, as my constitution originally was very good: how long my strength will bear up I know not, but I leave all to your better judgment."

No. 3.

Lieutenant W. J. B. gives us the following account:—

"At 14 years of age I commenced the practice of masturbation, and at 17 or 18 had excessive emissions: at the age of 23 they decreased in number, and passed off with the urine, leaving me quite exhausted both in body and mind. A year and a half previous to this I had contracted gonorrhœa, which continued six or seven months.

"At the age of 25 I contracted gonorrhœa, which lasted twelve months; and then stopping

it all of a sudden with iron, copaiva, and nitre, it caused a burning heat in my back and left side about the kidneys. I have often passed water in the morning, and after remaining some time, it presents at the bottom a red sediment mixed up with a clotted matter. I have abstained from all stimulants and liquors, and even ales. My greatest trouble for the present is a *frequent desire to urinate*, accompanied by a smarting heat in the passage, and a burning pain in my left side every one or two hours, leaving me quite feeble, and caused at the least excitement. Three months ago I passed a stone through the urinary passage in the shape of a cone; it remained in the duct for twelve hours, stopping the flow of water, and then shot out through the penis: it was supposed to come from the kidneys, and to be the largest ever extracted. I have bathed myself for twelve months together, night and morning, around the parts in cold water, which has done me much good. I am 30 years of age, and am employed in the R. N., &c."

No. 4.

M. A. W., civil engineer, writes thus :—

“I have been suffering for some time past from a gleet, the result of an ill-cured gonorrhœa contracted in the East Indies, and am occasionally troubled with nightly emissions, in consequence of improper practices in my youth. I will be glad to call should you think my case such as may be considered curable. I find in holding intercourse with a woman that I sometimes discharge the seminal liquor before the female is ready for it; and in making water I feel a burning sensation in the spinal canal. The discharge from the gleet is clear, and rather thick or stringy, and sometimes a week or a fortnight may pass over without my having an emission of semen at night. I should like your opinion, in a letter, of my case, as to the probable chance of my ultimate cure. I am 29 years of age, and for the last seventeen years have been constantly employed in Her Majesty's Navy, generally in tropical climates. I need not tell you that the fearful habit which has impaired my health has been relinquished some time ago,” &c.

No. 5.

Major G. C. C. wrote the following letter from India, and on receipt of a £20, case of medicine, made his homeward voyage, and before his return to England, was perfectly reinstated in health :—

“Finding myself in a very weak state of health, I am sure the whole cause had been brought on by my own folly. At an early age I practised that which is often known by the name of self-pollution, and did so for some time without any apparent hurt to myself, but at last it came home to me. I am now incapable of performing that duty so wanted in man (procreation). I have a continual weakness in the back, frequent pains in the sides, and my memory fails me very much; weakness in my limbs, especially after a cold: to be near a woman causes a discharge, or a continual dribbling from the penis. Some time ago I had frequent discharges during sleep, but discontinued lately, as I had given up the habit for at least three years. I am now about 30 years of age, have been in India for twelve years, my situation in life is an officer, and my mode of living regular,” &c. &c.

No. 6.

T. S., studying for the Bar, thus explains himself:—

“ I take the liberty of writing to you, to ask your advice in my case. I will tell you, as briefly as I possibly can, what it is. When a boy, about 14 or 15 years of age, I had a great desire for women, but was always too timid to go with them. I would follow them round the street, but this did not satisfy my desire then; but I soon found that I could do so alone by manual friction, which I am sorry to say I carried to a great extent, doing so almost every day, and sometimes twice or three times a-day; then I would think I was doing myself an injury, and leave off for a week, but the desire came again, and I could not resist it, and I carried this on for four or five years, I have never been with a woman more than six or seven times. I have had the disease twice, rather badly, and I let it continue some time before I went for advice, for I did not know what was the matter with me. A friend of mine, a chemist, cured me with some mixture, balm, and capsules I

think it was. It remained on me seven or eight weeks ; the last time, about six months ago, it stopped on me about three weeks. I took the same mixture ; there was nothing to be seen, no ulcer or swelling, merely a discharge, and tenderness in the groin. I have not felt any effects from it since. I had a slight ulcer in the throat, but very slight, about three weeks ago, and have had a sore throat once since ; I also find a little soreness in my nose, but I have a severe cold on me now. I am now troubled with nocturnal emissions. I took some of Dr. Bright's uritine mixture about two months ago, but found no relief : I have these emissions oftener. The sight of a female frequently causes erection, and a little irritation will cause emission : the penis is very small, but larger when erect. I am about five and a-half feet in height, thin about the body and thighs, lower parts large, with large veins in the legs ; my face was once very fat and fresh coloured, but it is now thin, long, and not so happy looking, nor so much colour ; memory bad ; not so much energy ; sight pretty good. I find a little matter round my eyes in the morning, difficult to

wash off; can sleep well all night, except when awoke by emissions. Skin quite clear, and free from pimples or sores; pain over the eyes occasionally. I live regularly and well, appetite good, take plenty of exercise, but often feel languid, with pain in the back; care very little about society, hands tremble sometimes, bowels generally rather confined."

No. 7.

The eldest son of a landed proprietor in Suffolk writes the following:—

"At the age of 15, whilst at school, I commenced improper practices, but did not feel any ill effects from it until about two years since, when my sight began to fail me, and at times have been seized with spasms, and once lost the use of my right side for about two months. I have been gradually getting worse, and the following symptoms have appeared:—The penis much smaller than usual, the 'testicles' are constantly throbbing; pains in my back (middle) at times. When at stool a thin fluid drops from the penis.

I have a constant dread of making water. Rest much disturbed at night, and within the last week have had nocturnal emissions without an erection, and my bowels are more confined than usual.

“I am in my 28th year, and I believe my constitution to be very good. I can take any amount of exercise without fatigue; my mode of living temperate and regular; drink neither wine, spirit, nor ale during the day; in the evening I invariably take a pint of stout and smoke three or four cigars. I have been a very great smoker in my time,” &c.

No. 8.

B. S. P., manager of the ——— mines, thus describes his case:—

“I beg to submit my case to your consideration, which I will endeavour to explain in as explicit and concise a manner as possible. First, I have (with shame I write it), indulged in *masturbation* from my earliest youth (my age is now 24). For some time past I have so far

mastered myself as to give it up entirely, which I can assure you has cost me no little endeavour.

“That vile passion at length led me to indulge in sexual intercourse, so that about three years ago I had the venereal disease. Its symptoms were as follows: red spots on the nut of the penis, with a yellow discharge. I consequently applied to one —— for relief. He gave me pills and a black lotion, but from carelessness, I think, in not taking the medicine regularly, I was eight months ere I got restored. Another time, about four months after I was better, I again had venereal disease, symptoms similar to the first, so that I stupidly and foolishly thought to cure myself, and the plan I took was, I bought in the chemists’ shops mercurial pills, which I took, altogether, as far as I can remember, about two or three dozen, if not more. I got better at last; my penis got well, only at the bottom of the nut there is a small sort of proud skin, about the size of a pin’s head, where one of the sores was. Again, and for the third time, I had that vile disease, through my own impropriety, about five months ago, and the result was, penis

all inflamed and a large round swelling on the right side of the groin. I applied for relief, this time, to one that professed to cure venereal diseases. He gave me some lozenges of a cinnamon colour, as also a blister for the swelling on the groin: the result was, that all inflammation ceased, and the swelling disappeared, on which I stopped taking any more medicine.

“For a considerable time back I have observed, in the morning when I rise, a *yellow slimy matter* on my tongue, and a very disagreeable taste in my mouth: I am afraid I have become salivated from the effects of the mercury. I have also at times pains, although slight, on the right side of the groin, and sometimes on the left, and in my knee-joints, as if it were rheumatism. I sometimes think that the disease, from not being thoroughly rooted out, is perhaps beginning afresh, or is working inwardly, but you will be the best judge. I have been as particular in stating my case as I can; and what I would like to know is, first, is the venereal disease still in my system; secondly, have I become salivated from an improper use of mercury.

“I forgot to mention that I have observed a

yellowish brownish matter in the urine, but as I thought nothing was the matter with me, and having at times a bedfellow in the same room, I gave it no heed. I do not think he is, or ever was, affected with any thing of the sort. Some days it is perfectly clear, other times, especially when allowed to remain any length of time, very muddy," &c.

No. 9.]

Case of E. H. C. :—

“I contracted syphilis three months ago : the systems were itching, of the foreskin, then inflammation, attended with severe smarting pain. Before it got any worse, I immediately obtained medical advice, and was ordered to wash the part with soap and water night and morning. The symptoms remained the same at the end of two months. I was given a cooling lotion to apply to the part affected two or three times a-day : afterwards a running sore, or ulcer, made its appearance underneath, at the lower extremity of the penis, and remained so for a fortnight, and then healed ; then pimples came, with a good deal of

inflammation about them, which appeared and disappeared, and now still continue to do so. I have a slight swelling, attended with a little pain, as if a bubo were forming, which then leaves again. Thinking I am not being properly treated, I am induced to place myself under your care. Mr. ——— having been cured of a similar complaint by you, gave me your name, &c., &c. The inflammation and smarting pain still continues. I am of a spare habit of body, and suffer a good deal from constipation. My profession, that of a surveyor, keeps me a great deal in doors," &c.

No. 10.

Case of P. G., head clerk in a mercantile house:—

"I have had the disorder for nearly six months. I had medical advice, but am very little better; I would wish you to prescribe for me if you thought my case could be cured. The first symptom I had was a little discharge from the penis, which became swollen, and then a lump formed in the groin;

the penis cracked down like an arch ; also excruciating pain in making water and when warm in bed, which has continued to this time. The discharge is about three spots (as large as a shilling) per day, sometimes more ; the penis has come to its natural size, the lump in the groin is much smaller, but a little tender, and the penis is still cracked ; the discharge is of a greenish colour.

“ My constitution is very delicate,” &c.

No. 11.

Case of the Rev. —, incumbent of —.

Mr. — is 37 years of age, and has taken at times tonics, but with little avail. Mr. — is a married man, and his wife is 39 years of age, and they have been married two years. The erection of the penis does not seem to be sufficient to penetrate far enough in the act of copulation ; and there is sometimes a little clear and transparent discharge at the end of the penis, but that *only* when any thing occurs to excite a little erection. Mr. — has never had any impure connection, nor any disease but this

weakness, which renders the desire to perform the act of copulation more frequent, but without sufficient ability. Mr. ——— cannot tell how long this weakness may have existed; but when he was a boy at school, for a short time, and never, he thinks, after 16 years of age, he was led into the practice mentioned in Scripture; after that he used frequently to be troubled by nocturnal emissions, which caused pimples upon the face, and these he used to try to cure by Epsom salts; this he thinks perhaps rendered the generative organs weak and easily excitable, but which he never gratified. There is no kind of appearance of any external disease. The weakness is more perceptible when the bowels are relaxed, and after taking aperient medicine. There is no scalding or pain whatever in voiding urine.

No. 12.

S. M. M., of Edinburgh, thus states his case:—

“ Having lately met with a gentleman who had the advantage of your treatment, I am induced to communicate with you on the subject of my

health. Before entering into details I would wish to lay before you a few particulars with reference thereto. First, having been guilty (I am grieved to say) of the hateful sin of self-pollution, of the effects of which I was totally ignorant, having been first enlightened on the subject by a conversation which passed between two medical students, friends of mine, who are at present working for an examination. Secondly, I have discontinued the sin since October 1857, that being the time I was first made aware of the injury I was doing to myself. Thirdly, although I did not feel much better, still I was less troubled with an intense pain in the back, just above the seat, together with constant nocturnal emissions. Fourthly, the evils of the offence were thus only partly removed, as you will perceive by my account of my present symptoms, which I enclose. Lastly, I would beg of you to take my case into your most serious consideration, as I shall be obliged to consummate a marriage next July, with a lady to whom I am engaged. It is a 'family agreement,' and therefore unavoidable, which you will easily understand. I would merely add, my position in society

is such as to enable me to follow any course of treatment you may think necessary." The gentleman's age was 22, lived generously, had been guilty of self-abuse for many years, and suffered from pains in the head night and morning, sensation of sickness at the pit of the stomach, giddiness in the head after dinner, with burning of the cheeks, and flushed appearance; motions costive, and then again much relaxed, with a running from the penis after the least exertion; the water at times quite white, and at other times of colour like blood, which leaves a sediment. Nightly emissions continued to take place, testicles lax, and slightly pendulous at night and morning: wears a purse to relieve them: cannot effect an erection without great trouble, and when produced, spontaneous emissions take place: these also take place without an erection, only requiring contact with a woman.

No. 13.

Case of E. G. U., of Barbadoes, writes in these terms:—

"I must inform you that at a very early age,

say 9 or 10, I contracted that emaciating habit of self-pollution, and continued to indulge the same occasionally till about 16 or 17, when I ceased, for the very obvious reasons suggested by religion and prudence ; but when I arrived at the age of 18 or 19, evident symptoms of delicacy set in, such as the following :—general debility, with a feeling or sense of weight, from which to the present I very frequently suffer much, for it almost incapacitates me for the discharge of my official duties ; it also induces great *depression of spirits*, and deprives me totally of *vigour* and *energy*, indeed, I must confess that my disease has almost wholly deprived me of the *latter*. My age at present is 24 ; but about four years ago those *nightly emissions* commenced, and continue to the present time without any abatement : with the latter I must say I am frequently annoyed and much weakened. I suffer great inconvenience from the *penis* at *night*, for whenever I awake, I find it in a state of rather severe tension, in which state it must often continue for some hours. From my nervous system I also suffer very much, it being extremely weak and shattered. I am frequently, indeed I may

say *daily*, much annoyed with a *nervous feeling*, or *sensation* caused by the most *trivial thoughts* or *stimulus* from external objects : I feel it principally *about the penis*, which it disturbs a little, and though I never could discover any discharge of semen from such, I must confess I experience something resembling the feeling caused by an emission. My stomach is very weak, but appetite good. I am very much affected by *ale*, unfavourable changes in the atmosphere causing that almost intolerable *sense of weight* before mentioned. I am at times exceedingly irritable, and occasionally much inclined to despond : I often feel when I stoop a slight pain across the loins. Probably I ought to mention that my complexion is fair, face pale, and attenuated, my figure slight and spare, the penis is small, and testicles apparently much relaxed. My habits and mode of life very regular," &c.

No. 14.

——, M.P. for the county of ——, writes as follows :—

"SIR,—I have had the misfortune, together with

many others, to allow my passions to get the better of my reason, and pursued a practice equally pernicious to my body as to my soul. I am also undermined by a continual loss of seminal fluid; my complexion is cadaverous, my movements are checked by weakness in the legs and loins, so great, indeed, as to cause me at times to grasp at the different articles of furniture whilst crossing from one end of the apartment to the other. I cannot help believing that no mortal man was ever doomed to such pangs as I have and am hourly experiencing. I am sure without a miraculous intervention of Providence I cannot last long. Should there be any chance of only restoring to me the calmness of mind I enjoyed in former days, and if the seminal losses could be got rid of, I should feel but too happy to remunerate your exertions to the full extent of my power. As to a total re-establishment of my health, this I know to be perfectly impossible, since my feelings have completely changed, from being of a lively disposition to that of a dejected and even sullen character. Trusting you will take my case into most serious consideration, I remain, Sir," &c.

It will scarcely be necessary to add that the cases mentioned, after the usual remedies had been employed, were brought to a happy issue, satisfactory both to the patient and myself. The majority availed themselves of the advantage gained by a personal interview, which rendered the time employed in the cure of the case much shorter than if treated by correspondence.

CONCLUSION.

READER, we now part company; but before doing so, let me impress on your mind the necessity, the vital importance, and the fearful risk of delay. In perusing the foregoing pages you have been made acquainted with your structure and functions, together with the consequences of swerving from the laws of nature, and the diseases attending upon indiscriminate connection. The practice of masturbation has been referred to ever and anon, so that you might

be fully impressed with the subject. But where would have been the utility of giving all this knowledge had there not been in store remedies enabling the writer to relieve and cure the varied maladies described. In many instances, these last mentioned, arising from sensuality and exhaustion, are so complicated in their nature and origin, as to require the immediate and direct care of the qualified and experienced practitioner. The human frame is like a fine and complicated work of mechanism, which a mere trifle may disarrange, and consequently the most simple means will often suffice to replace the same in order; but it also happens that the seeming trifle may be the very pivot which sustains the mainspring of action. It is then that an absolute necessity will exist of an interview with a medical man: the importance of a case is not to be distinguished by the patient. It is in the power of any individual, no matter what his daily avocations may be, to make a journey, distance being of little moment when the future happiness of himself and loved ones are placed in the balance. The inmate of a cottage has infinitely more at his

command, in the present day, than the most powerful potentate had in days of yore. For a nominal sum, wishes may be conveyed nearly as soon as expressed, hundreds of miles traversed with the rapidity of the carrier-pigeon, and all at an expense too trivial to require mentioning. If, then, with all these advantages at command, one can be found who would continue an evil, whilst having the power of regaining all that is desirable, his intellect must indeed be gone beyond hope to refuse the boon in store. Let nothing prevent you adopting the necessary means for the removal of those formidable maladies described in this little work. The turning-point of a man's life often depends on a thought, a word, or action. Should doubt exist as to the nature of a malady, why not seek a certainty by one consultation? it would be more than folly to reject so great and solid an advantage, productive in after life of regrets, mingled with pain and anguish at the opportunity rejected and inevitably lost. "Procrastination is the thief of time," but, alas! more often "the thief of health." For these reasons does it become imperative on the part of a pa-

tient to seek an interview, in order that the numerous inquiries relative to those vital organs, such as the lungs, heart, stomach, liver, &c., may be carefully examined and judged of, whilst the urine, warm from the bladder, unchanged by atmospheric action, may be tested by chemical process and microscopic power. Conclusions may then be drawn from the appearance of the tongue, eyes, skin, complexion, &c., forming a chain of evidence which places the medical man in a position, as regards the diagnosis of his patient's case, to judge with unerring opinion as to his power of restoring health, and consequent happiness. Were the patient aware of the amount of information derived from a careful and lengthened visit, the advantage would never be neglected, and the sufferer seeking a cessation of his ills, would be but too happy to avail himself of the lasting benefit. A personal consultation will afford a subject which, in justice to the public in general, cannot be sufficiently impressed on the mind, and dwelt on, when permanent cure is the object in view.

But if, notwithstanding all that has been said,

circumstances or distance renders this impossible on the part of the patient, then the next best thing to be done is to make a most minute and clear statement of the case, filling up the questions as marked in the list of questions, page 149, by which means the nature of the disease may be described by letter, signed by any initials, or fictitious name, at the wish of the writer, when the subject will receive immediate consideration, be thoroughly investigated, and seriously deliberated upon, the utmost solicitude evinced, and certain means adopted to restore the sufferer to that vigorous health which may have been checked or lost by youthful indiscretion, or other causes. In addition to the remedies employed, known from experience to be capable of meeting the various diseases, galvanism is also used which, in combination with certain remedies, has effected cures which to all former practice would have appeared hopeless.

Reader, hesitate not in the performance of that sacred duty which you owe to yourself and those who may be depending upon your exertions or love ; seek by every means to enter

once more on the duties assigned you with a healthy frame and a clear intellect ; re-enter the pale of society—of which you form a part, though now perchance apart—with that consciousness of equality to which all men have a right. The prize and award are great, so let not a momentary timidity deprive you of the happiness of years. In regaining health, you will regain the joys felt in former days, when the heart was fresh and the spirit of health was yours. Doubly will such pleasures be felt from having for a time been withheld from you, meet compensation for past miseries. Common sense, love, friendship, social duties, religion, all demand this act of justice at your hands ; and the very knowledge of having sought the means of happiness will restore to you tenfold the loss in feelings before unknown to you : meanwhile I shall have added one more to the many who on their restoration to health have thanked me in terms most gratifying to my medical capacities, producing friendships which have ever proved lasting, originating in a confidence which it has and ever will be my most anxious endeavour to seek and merit. With this assurance I now

take leave, and terminate this little work, feeling confident that "the tree will be known by the fruit." Surely "evil cannot spring from good." Read carefully this little work: you will find it ever ready to come to the aid of Human Frailty, whilst being the true Guide to Health and Happiness," which makes "life worth living for," *i. e. vita vitalis*.

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